

**DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON**

**SYLLABUS PLAN FOR THE MONTH OF MARCH  
FOR CLASS – VIII (2021 – 2022)**

Sr. No.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH		Grammar: Active and Passive voice, Simple, Compound and Complex (Identification), Clauses ( Main and Subordinate)
2	HINDI	2	व्याकरण - अव्यय , सहायक क्रिया पुनरावर्तन
3	MARATHI		पाठ - उजळणी कविता - उजळणी स्थूलवाचन - शब्दकोश व्याकरण - शब्दसंपत्ती, वाक्प्रचार निबंध - उजळणी
4	MATHS	10. 11.	Division of Polynomials Statistics
5	SCIENCE	16. 14.	Reflection of Light (Continued) Measurement and Effects of Heat.
6	HISTORY	14. 6.	HISTORY Formation of State of Maharashtra CIVICS Bureaucracy ( cont.)
7	GEOGRAPHY	10.	Field Visit
8	DRAWING	12	Still life

9	COMPUTER	8	Moving ahead with HTML Revision
10	P.T.		<ul style="list-style-type: none"> <li>● Sports and Games = Volleyball</li> <li>● Basketball</li> <li>● Warm-up Exercises</li> <li>● Revision of full Portion</li> </ul>
11	YOGA		<p>Revision</p> <ul style="list-style-type: none"> <li>● Set of eye exercise</li> <li>● Standing Asanas- (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana -1 (g) Tadasana -2 (h)Tadasana-3</li> <li>● Vajarasana Series- (a) Vajrasana, (b) Shwanasana, (c) Yogmudra, (d)Supta Vajrasana</li> <li>● Padmasana series- (a) Ardha Padmasana, (b) Parvatasana, (c) Bramhamudra,</li> <li>● Janu Bhu Shirasasana</li> <li>● Paschimottanasana</li> <li>● Shwasan marg shuddhi (Kriya)</li> <li>● Kapalhatti (Kriya)</li> <li>● Pranayamic breathing</li> <li>● Surya Bedan</li> <li>● Pre Ujjai</li> <li>● Diaphragmic breathing</li> <li>● Ujjai Rechak.</li> <li>● Chandra Bedhan</li> <li>● Anulom Vilom</li> <li>● Brahmari</li> </ul>
12	KARATE		<ul style="list-style-type: none"> <li>● Three types of jumps</li> <li>● Upper body twist</li> <li>● Lower back stretch dynamic</li> <li>● Lower back stretch</li> <li>● Second katha</li> <li>● Shoulder exercise</li> <li>● Stomach level kick</li> </ul>

			<ul style="list-style-type: none"><li>• <b>Neck exercise</b></li><li>• <b>Arms exercise</b></li><li>• <b>Wrist rotation exercise</b></li></ul>
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**DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON**

**SYLLABUS PLAN FOR THE MONTH OF MARCH  
FOR CLASS – IX (2021 – 2022)**

Sr. No.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	4.4	<p>Prose : My Financial Career</p> <p>Grammar : Figures of speech (Oxymoron, Antithesis) – Transformation of sentences (.... not only.... but also, Removal of 'too'.)</p> <p>Writing Skill : Imaginary Dialogue</p> <p>Revision</p>
2	HINDI	1 3	<p>कविता - स्वतंत्रता गान</p> <p>व्याकरण - अव्यय , काल परिवर्तन रचना - पत्र लेखन ( औपचारिक / अनौपचारिक)</p>
3	MARATHI	16	<p>पाठ - शब्दांचा खेळ</p> <p>विश्वकोश (स्थूलवाचन )</p> <p>व्याकरण - विरामचिन्हे, वाक्प्रचार ,वाक्यपरिवर्तन, शब्दसंपत्ती (उजळणी)</p> <p>निबंधलेखन - सारांशलेखन, बातमीलेखन (उजळणी)</p>
4	MATHS 1	5	<p>Linear Equations in two variables. Revision.</p>

5	MATHS 2		Revision
6	SCIENCE 1	14.	Substances in Common Use(Continued)
7	SCIENCE 2	18	Observing Space ..... Telescopes
8	HISTORY	9. 10.	HISTORY Changing Life : 1 Changing Life : 2
9	GEOGRAPHY	11. 12.	Transport and Communication Tourism
10	WATER SECURITY	10	The journey of water Revision
11	ICT		HTML : Table & Form Tags.
12	P.T.	3	<ul style="list-style-type: none"> <li>SPORTS AND GAMES = Section B Handball Basketball , Hockey</li> </ul> <p>Body Management Skills PHYSICAL FITNESS AND HEALTH</p>
13	YOGA		<p>Revision</p> <ul style="list-style-type: none"> <li>Set of eye exercise</li> <li>Standing Asanas- (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana -1 (g) Tadasana -2 (h)Tadasana-3</li> <li>Vajarasana Series- (a) Vajrasana, (b) Shwanasana, (c) Yogmudra, (d)Supta Vajrasana (e )Ushtrasana</li> <li>Padmasana series- (a) Ardha Padmasana, (b) Parvatasana, (c)Varaition of Parvatasana (e) Bramhamudra,</li> <li>Janu Bhu Shirasasana</li> <li>Paschimottanasana</li> <li>Ardha Matchendrasana</li> <li>Shwasan marg shuddhi (Kriya)</li> <li>Kapalbhatti (Kriya)</li> <li>Pranayamic breathing</li> </ul>

			<ul style="list-style-type: none"><li>● <b>Surya Bedan</b></li><li>● <b>Pre Ujjai</b></li><li>● <b>Diaphragmic breathing</b></li><li>● <b>Ujjai Rechak.</b></li><li>● <b>Chandra Bedhan</b></li><li>● <b>Anulom Vilom</b></li><li>● <b>Brahmari</b></li></ul>
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