

DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON

**SYLLABUS PLAN FOR THE MONTH OF MARCH
CLASS – V (2021 – 2022)**

Sr.No	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADINGS
1	ENGLISH	27 29	Prose - The Legend of Marathon (Revision) Poetry - A Lark (Revision) Grammar - Punctuation Tenses - Progressive Word Formation - (Adjective,Adverbs) Possessive Pronouns (Revision)
2	HINDI	१५ १६	पाठ - ज्ञानी बचाव व्याकरण - क्रिया पहचानो / विशेषण रचना - मेरा विद्यालय / हमारे
3	MARATHI	२७. २८.	महर्षी विठ्ठल रामजी शिंदे फुलपाखरू आणि मधमाशी व्याकरण - क्रियापद उजळणी
4	MATHS	16	Preparation for Algebra
5	EVS 1	23 24	Infectious Diseases and how to prevent them Substances Object and Energy
6	EVS 2	10	Historic Period.
7	DRAWING	10 11	Project work collage work (news papers)

8	COMPUTER	8	Formatting PowerPoint Presentation Revision
9	P. T.		<ul style="list-style-type: none"> ● warm up Exercises ● Standing Exercises ● Left & Right Turn Revision ● Kadam Tal
10	YOGA		<p>REVISION</p> <ul style="list-style-type: none"> · Set of Eye exercise (a) Movements of eye ball to various direction · Standing Asanas (a) Sulabh Chakrasana (b) Chakrasana (c) Sulabh katti vakrasana (d) Katti vakrasana (e) Katti Chakrasana (f) Hastha Padasana (g) Tadasana-I (h) Tadasana-II · Vajrasana · Shwanasana · Yoga Mudra · Swastikasana · Ardha - Padmasana · Parvatasana · Titliasana · Hasthparshwasana · Basic breathing techniques · Chadra Abhyas · Pre Ujjai · Sukhshma Ujjai Rechak
11	KARATE		<ul style="list-style-type: none"> ● Three types of jumps ● Upper body twist ● Lower back stretch dynamic ● Lower back stretch ● Shoulder exercise ● Neck exercise ● Arms exercise ● Wrist rotation exercise

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**SYLLABUS PLAN FOR THE MONTH OF MARCH
FOR CLASS – VI (2021 – 2022)**

Sr. No.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	3.6 4.1	Prose- The Merchant of Venice Poem Sleep my Treasure Grammar- Formal Letter
2	HINDI	२	पाठ - टीटू और चिंकी कविता - वह देश कौन सा ? व्याकरण - काल (वर्तमानकाल , भूतकाल, भविष्यकाल) रचना - मेरा देश (निबंध)
3	MARATHI	१७.	कविता - पाणपोई व्याकरण - उजळणी निबंध - माझा आवडता प्राणी / पक्षी
4	MATHS	14 17	Bank and Simple Interest Geometrical Constructions
5	SCIENCE	12 13	Simple Machines Sound
6	HISTORY	4	Civics - Urban Local Government Bodies
7	GEOGRAPHY	10	Human Occupations
8	DRAWING	11 12	Free hand drawing Project work
9	COMPUTER	10	Moving Ahead with html Revision

10	P.T.		<ul style="list-style-type: none"> ● Standing Exercises ● Warm-up Exercises ● Left & Right Turn Revision ● Kadam Tal
11	YOGA		<p>REVISION</p> <ul style="list-style-type: none"> ● Set of Eye exercise ● Standing Asanas (a) Chakrasana (b) Katti vakrasana (c) Katti Chakrasana (d) Hastha Padasana (e) Tadasana-I (f) Tadasana-II ● Vajrasana ● Shwanasana ● Swastikasana ● Ardha - Padmasana ● Parvatasana ● Titliasana ● Basic breathing technique ● Hasthparshwasana ● Sulabh Ushtrasana ● Surya Abhyas ● Pre Ujjai ● Janu Bhushirasana ● Yoga mudra ● Anthar Kumbhakh ● Bahya Kumbhakh ● Paschimottanasana ● Brahma mudra ● Sulabh Stupa Vajrasana ● Abdominal breathing ● Chest breathing ● Vrikshasana ● Tadasana-II
12	KARATE		<ul style="list-style-type: none"> ● Three types of jumps ● Upper body twist ● Lower back stretch dynamic ● Lower back stretch ● Shoulder exercise ● Neck exercise ● Arms exercise ● Wrist rotation exercise

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**SYLLABUS PLAN FOR THE MONTH OF MARCH
FOR CLASS – VII (2021 – 2022)**

Sr. No.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	2.7	Prose - The Great Scientist Composition:- Program writing and Summary Writing
2	HINDI	3	व्याकरण - मुहावरे रचना - आकलन (प्रश्न तैयार करो)
3	MARATHI	१४ ११	कविता- संतवाणी कविता. लेक व्याकरण - वाक्यांचे प्रकार ओळखा. म्हणी पूर्ण करा. शब्दसंपत्ती निबंध - झाडाचे आत्मवृत्त
4	MATHS	15	Statistics
5	SCIENCE	12 14 17	The muscular system and digestive system in human beings Elements , compounds and mixture Effects of light
6	HISTORY	4 5	Civics - Fundamental Rights - Part 1 Fundamental Rights - Part 2
7	GEOGRAPHY	9 10	Agriculture Human Settlements
8	DRAWING	9 10	Free hand drawing Project work

9	COMPUTER	9	Introduction to HTML Revision
10	P.T.		Warm-up Exercises Left , Right and Above Turn <ul style="list-style-type: none"> • Standing Exercises Revision Kadam Tal, Sitting Exercises
11	YOGA		REVISION <ul style="list-style-type: none"> • Set of Eye exercise • Standing Asanas (a) Chakrasana (b) Katti vakrasana (c) Katti Chakrasana (d) Hastha Padasana (e) Tadasana-I (f) Tadasana-II • Vajrasana • Shwanasana • Swastikasana • Ardha - Padmasana • Parvatasana • Titliasana • Basic breathing technique • Hasthaparshwasana • Sulabh Ushtrasana • Surya Abhyas • Pre Ujjai • Janu Bhushirasana • Yoga mudra • Anthar Kumbhakh • Bahya Kumbhakh • Paschimottanasana • Brahma mudra • Sulabh Stupa Vajrasana • Abdominal breathing • Chest breathing • Vrikshasana • Tadasana-II
12	KARATE		<ul style="list-style-type: none"> • Three types of jumps • Upper body twist • Lower back stretch dynamic • Lower back stretch • Shoulder exercise • Stomach level kick • Neck exercise • Arms exercise • Wrist rotation exercise