

DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON

**SYLLABUS PLAN FOR THE MONTH OF FEBRUARY
CLASS – V (2021 – 2022)**

Sr.No	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADINGS
1	ENGLISH	27 22 25	Prose - The Legend of Maratho. A Book Review Poetry - The Man in the moon Grammar - Conjunction Interjection Composition - Comprehension seen (Poetry).
2	HINDI	१५ १६	पाठ - ज्ञानी बचाव व्याकरण - क्रिया पहचानो / विशेषण रचना - मेरा विद्यालय / हमारे
3	MARATHI	२३ २५ २७	प्रामाणिक इस्त्रीवाला मालतीची चतुराई महर्षी विठ्ठल रामजी शिंदे व्याकरण - क्रियापद
4	MATHS	9	Decimal Fractions
5	EVS 1	21 19	Busy at work - Our Internal Organs. Constituents of Food
6	EVS 2	9	Settled life and Urban civilization.
7	DRAWING	10 11	Project work collage work (news papers)
8	COMPUTER	8	Formatting PowerPoint Presentation
9	P. T.		<ul style="list-style-type: none">● Sitting Exercises● Right and Above Turn● Standing Exercises● Revision of full Portion

10	YOGA		<p>Set of Eye exercise (a) Movement of eye balls to different directions</p> <p>Standing Asanas (a) Sulabh Chakrasana (b)Chakrasana (c) Sulabh katti vaKrasana (d)Katti vaKrasana (e) Katti Chakrasana (f)Hastha Padasana (g) Tadasana-I (h)Tadasana-II</p> <p>Vajrasana</p> <p>Shwanasana</p> <p>Yoga Mudra</p> <p>Swastikasana</p> <p>Ardha - Padmasana</p> <p>Parvatasana</p> <p>Titliasana</p> <p>Hasthparshwasana</p> <p>Basic breathing techniques</p> <p>Chadra Abhyas</p> <p>Pre Ujjai</p> <p>Sukhshma Ujjai Rechak</p>
11	KARATE		<ul style="list-style-type: none"> ● Three types of jumps ● Upper body twist ● Lower back stretch dynamic ● Lower back stretch ● Shoulder exercise ● Neck exercise ● Arms exercise ● Wrist rotation exercise

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Sr. No.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	4.2 4.6	Prose- The story of Gautama's Quest The Phantom Tollbooth Grammar- Subject Verb Agreement Direct and Indirect speech
2	HINDI	२	पाठ - टीटू और चिंकी कविता - वह देश कौन सा ? व्याकरण - काल (वर्तमानकाल , भूतकाल, भविष्यकाल) रचना - मेरा देश (निबंध)
3	MARATHI	१६	मुक्या प्राण्यांची कैफियत व्याकरण - शब्दसंपत्ती जोडशब्द , वाक्यप्रचार निबंध - माझा आवडता प्राणी
4	MATHS	10 14	Profit - Loss Bank and Simple Interest
5	SCIENCE	11	Work and Energy .
6	HISTORY	10	History - Ancient India:Culture
7	GEOGRAPHY	9	Energy Resources
8	DRAWING	11 12	Free hand drawing Project work
9	COMPUTER	7 8	Microsoft Excel - An Introduction The Internet

10	P.T.		<ul style="list-style-type: none"> ● Sitting Exercises ● Above Turn ● Revision of full Portion ● Game
11	YOGA		<ul style="list-style-type: none"> ● Set of Eye exercise ● Standing Asanas (a) Chakrasana (b) Katti vakrasana (c) Katti Chakrasana (d) Hastha Padasana (e) Tadasana-I (f) Tadasana-II ● Vajrasana ● Shwanasana ● Swastikasana ● Ardha - Padmasana ● Parvatasana ● Titliasana ● Basic breathing technique ● Hasthaparshwasana ● Sulabh Ushtrasana ● Surya Abhyas ● Pre Ujjai ● Janu Bhushirasana ● Yoga mudra ● Anthar Kumbhakh ● Bahya Kumbhakh ● Paschimottanasana ● Brahma mudra ● Sulabh Stupa Vajrasana ● Abdominal breathing ● Chest breathing ● Vrikshasana ● Tadasana-II
12	KARATE		<ul style="list-style-type: none"> ● Three types of jumps ● Upper body twist ● Lower back stretch dynamic ● Lower back stretch ● Shoulder exercise ● Neck exercise ● Arms exercise ● Wrist rotation exercise

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Sr. No.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	4.3 4.6	Prose - The Red - Headed League Papa Panov's Special Christmas Grammar - Prefix and Suffix, Word formation Composition:- Program writing and Summary Writing
2	HINDI	3	कविता - हम चलते सीना तान के रचना - कहानी लेखन (रूपरेखा के आधार पर)
3	MARATHI	१० १४	पाठ - पंडिता रमाबाई कविता- संतवाणी व्याकरण- केवलप्रयोगी अव्यय निबंध - कथालेखन
4	MATHS	9 13	Direct Proportion and Inverse Proportion Pythagoras Theorem
5	SCIENCE	12 14 17	The muscular system and digestive system in human beings Elements , compounds and mixture Effects of light
6	HISTORY	8 7	History - The Maratha war of Independence.
7	GEOGRAPHY	8 9	How Seasons Occur Part - 2 Agriculture

8	DRAWING	9 10	Free hand drawing Project work
9	COMPUTER	8	More on Internet
10	P.T.		Left , Right and Above Turn <ul style="list-style-type: none"> ● Sitting Exercises Marching to Show ● Revision of full Portion
11	YOGA		<ul style="list-style-type: none"> ● Set of Eye exercise ● Standing Asanas (a) Chakrasana (b) Katti vakrasana (c) Katti Chakrasana (d) Hastha Padasana (e) Tadasana-I (f) Tadasana-II ● Vajrasana ● Shwanasana ● Swastikasana ● Ardha - Padmasana ● Parvatasana ● Titliasana ● Basic breathing technique ● Hasthparshwasana ● Sulabh Ushtrasana ● Surya Abhyas ● Pre Ujjai ● Janu Bhushirasana ● Yoga mudra ● Anthar Kumbhakh ● Bahya Kumbhakh ● Paschimottanasana ● Brahma mudra ● Sulabh Stupa Vajrasana ● Abdominal breathing ● Chest breathing ● Vrikshasana ● Tadasana-II
12	KARATE		<ul style="list-style-type: none"> ● Three types of jumps ● Upper body twist ● Lower back stretch dynamic ● Lower back stretch ● Shoulder exercise ● Stomach level kick ● Neck exercise ● Arms exercise ● Wrist rotation exercise

