

DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON

**SYLLABUS PLAN FOR THE MONTH OF JANUARY
FOR CLASS – VIII (2021 – 2022)**

Sr. No.	SUBJECT	CHAPTE R NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	4.4 4.1 4.3	Prose: Ramanujan Poem :The Vet The Bees Grammar: Direct & Indirect speech , WH Questions,Use words as Nouns and Verbs in Sentences Composition: Information Transfer,Interview Writing
2	HINDI	1 2	पाठ - स्वराज्य मेरा जन्मसिद्ध अधिकार व्याकरण - अव्यय , क्रिया (सकर्मक , अकर्मक , संयुक्त) रचना - औपचारिक पत्र , कहानी लेखन (शब्दों के आधार पर)
3	MARATHI	११	कविता- जीवनगाणे व्याकरण - वाक्यपरिवर्तन निबंधलेखन- सारांशलेखन, बातमीलेखन
4	MATHS	15 17	Area Circle: Chord and Arc
5	SCIENCE	12 13	Introduction to acid and Base Chemical Change and Chemical Bond
6	HISTORY	10. 11. 5.	HISTORY Armed Revolutionary Movement Struggle for Equality CIVICS The State Government
7	GEOGRAPHY	8.	Industries

8	DRAWING	9 10	Still life (Drawing and colouring) 3 D Design : soap carving
9	COMPUTER	6 7	The Computer Malwares HTML : Creating Headings Body Tags.
10	P.T.		<ul style="list-style-type: none"> ● Relay Race 4x100 / 4x400 ● Kadam Tal ● Game ● Revision Standing Exercises
11	YOGA		<ul style="list-style-type: none"> ● Set of eye exercise ● Standing Asanas- (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana -1 (g) Tadasana -2 (h)Tadasana-3 ● Vajarasana Series- (a) Vajrasana, (b) Shwanasana, (c) Yogmudra, (d)Supta Vajrasana ● Padmasana series- (a) Ardha Padmasana, (b) Parvatasana, (c) Bramhamudra, ● Janu Bhu Shirasasana ● Paschimottanasana ● Shwasan marg shuddhi (Kriya) ● Kapalbhatti (Kriya) ● Pranayamic breathing ● Surya Bedan ● Pre Ujjai ● Diaphragmic breathing ● Ujjai Rechak. ● Chandra Bedhan ● Sukshma Anulom Vilom
12	KARATE		<ul style="list-style-type: none"> ● Three types of jumps ● Upper body twist ● Lower back stretch dynamic ● Lower back stretch ● Second katha

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| | | | <ul style="list-style-type: none">● Shoulder exercise● Stomach level kick● Neck exercise● Arms exercise● Wrist rotation exercise |
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**SYLLABUS PLAN FOR THE MONTH OF JANUARY
FOR CLASS – IX (2021 – 2022)**

Sr. No.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	4.2 4.1	Prose : The Story teller Poetry: Please listen! Grammar : Subject - verb - agreement Prefix, Suffix Word formation Speech (Direct / Indirect) Writing Skill : Formal Letter (Request to visit a particular place) Report Writing (Newspaper)
2	HINDI	1 3 2	कविता - निसर्ग वैभव पाठ - शिष्टाचार व्याकरण - अर्थ के आधार पर वाक्य भेद तथा वाक्य परिवर्तन रचना - निबंध लेखन
3	MARATHI	12 13	कविता - पुन्हा एकदा कविता - तिफन व्हेनिस (स्थूलवाचन) व्याकरण - वाक्यपरिवर्तन, शब्दसंपत्ती (उजळणी) निबंधलेखन - आत्मवृत्त, कथालेखन, पत्रलेखन
4	MATHS 1	4 5	Ratio and Proportion continued. Linear Equations in two variables.

5	MATHS 2	5	Quadrilaterals
6	SCIENCE 1	12.	Study of Sound
7	SCIENCE 2	16	Heredity and Variation
8	HISTORY	7. 8. 5.	HISTORY Science and Technology Industry And Trade POL Sc. India and Other Countries
9	GEOGRAPHY	9.	Trade
10	WATER SECURITY	7 8	Water Recharge Water is the basis of life
11	ICT		HTML : UL TAG, OL TAG, FORMATTING TAGS.
12	P.T.	2) 1 2/2 2/3	<ul style="list-style-type: none"> ● TRACK AND FIELD EVENTS= Relay Race = 4x100 / 4x400 Jumps = Long Jump / High Jump Triple Jump Throws = Shots put / discus Throw / Javelin Throw
13	YOGA		<ul style="list-style-type: none"> ● Set of eye exercise ● Standing Asanas- (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana -1 (g) Tadasana -2 (h)Tadasana-3 ● Vajarasana Series- (a) Vajrasana, (b) Shwanasana, (c) Yogmudra, (d)Supta Vajrasana ● Padmasana series- (a) Ardha Padmasana, (b) Parvatasana, (c) Bramhamudra, ● Janu Bhu Shirasasana ● Paschimottanasana ● Shwasan marg shuddhi (Kriya) ● Kapalhatti (Kriya) ● Pranayamic breathing ● Surya Bedan ● Pre Ujjai ● Diaphragmic breathing ● Ujjai Rechak. ● Chandra Bedhan

			<ul style="list-style-type: none">• Anulom Vilom
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DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON

**SYLLABUS PLAN FOR THE MONTH OF JANUARY
FOR CLASS – X (2021 – 2022)**

Sr. No.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH		Revision - Prose Poetry Grammar Writing Skill
2	HINDI		पुनरावर्तन (REVISION)
3	MARATHI		उजळणी (REVISION)
4	MATHS 1		Revision , completion and submission of Maths activity.
5	MATHS 2		Revision , completion and submission of Maths activity.
6	SCIENCE 1		Revision
7	SCIENCE 2		Revision
8	HISTORY	9 4 1	Heritage Management -Revision Social and Political Movements (PS) - Revision Historiography

9	GEOGRAPHY		Revision of Maps Revision of Climate
10	WATER SECURITY	3 4	Measurement of water Water plan
11	ICT		Revision : Geogebra Practicals, Power Point, HTML.
12	P.T.	3)	Sports and Games = Football / Cricket Volleyball / Basketball
13	YOGA		Set of eye exercise . Standing Asanas- (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana -1 (g) Tadasana -2 (h)Tadasana-3 (i)Vrikshasana . Vajarasana Series- (a) Vajrasana, (b) Shwanasana, (c) Yogamudra, (d)Supta Vajrasana(e) Marjarasana A&B (f)Tripada Marjarasana . Padmasana series- (a) Ardha Padmasana, (b) Parvatasana, (c) Bramhamudra,(e)Padmasanastha yoga mudra . Janu Bhu Shirasasana . Paschimottanasana . Shwasan marg shuddhi (Kriya) . Kapalbhatti (Kriya) . Pranayamic breathing . Surya Bedan . Pre Ujjai .

			Diaphragmic breathing . Ujjai Rechak. . Chandra Bedhan Anulom Vilom Ujjai Rechak. Anulom Vilom Brahmari
14	SCOUT / GUIDE	8 9	cooking Signalling