

DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON

SYLLABUS PLAN FOR THE MONTH OF NOVEMBER FOR CLASS – VIII (2021 – 2022)

SR. NO.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	3.2 3.1	Prose – The Kite Festival Poem – The Plate of Gold Grammar – Degrees of Comparison (Identification & Transformation) Composition – Story with A beginning \ end
2	HINDI	1 2	कविता - धरती का आँगन महके पाठ - दो लघु कथाएं व्याकरण - अर्थ के आधार पर वाक्य भेद
3	MARATHI	७	पाठ - नातवंडांस पत्र व्याकरण - व्याक्यांचे प्रकार (उजळणी) निबंधलेखन - वैचारिक लेखन
4	MATHS	13 14	Congruence of Triangles Compound Interest
5	SCIENCE	10 17	Cell and Cell organelles Man made Materials
6	HISTORY	6	Beginning of Freedom Movement
7	GEOGRAPHY	6	Land Use
8	DRAWING	7	OBJECT DRAWING (Draw brush and poster colour bottle and colour with poster colour)
9	COMPUTER	6	Introduction to HTML - Structure of HTML, Basic tags
10	P.T.		<ul style="list-style-type: none">● Athletics - Running - Shorts Distance● Marching● Waist Exercises
11	YOGA		<ul style="list-style-type: none">● Set of eye exercise● Standing Asanas - (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana - I (g) Tadasana - II (h)Tadasana - III

			<ul style="list-style-type: none"> ● Vajarasana Series - (a) Vajrasana, (b) Shwanasana, (c)Yogmudra, (d)Supta Vajrasana ● Padmasana series - (a) Ardha Padmasana, (b)Parvatasana, (c) Bramhamudra, ● Janu Bhu Shirasasana ● Paschimottanasana ● Shwasan marg shuddhi (Kriya) ● Kapalbhatti (Kriya) (25 strokes) ● Pranayamic breathing ● Surya Bedan ● Pre Ujjai ● Diaphragmic breathing ● Ujjai Rechak. ● Chandra Bedhan
12	KARATE		<ul style="list-style-type: none"> ● Three types of jumps ● Upper body twist ● Lower back stretch dynamic ● Lower back stretch ● Second katha ● Shoulder exercise ● Stomach level kick ● Neck exercise ● Arms exercise ● Wrist rotation exercise

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SR. NO.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	3.2 3.1	Prose - Reading Work Of Art (Non - literary) Poetry - Silver Grammar - Word Chain Word Register Identify the errors Writing Skill - Do's and Don'ts Tree diagram Pie Chart Flow Chart
2	HINDI	1 3 2	कविता - कह कविराय पाठ - इनाम पूरक पठन - जंगल व्याकरण - रचना के आधार पर वाक्य भेद
3	MARATHI	9 12	कविता - उजाड उघडे माळरानही कविता - पुन्हा एकदा व्याकरण - वाक्याचे प्रकार, वाक्यपरिवर्तन (उजळणी) निबंधलेखन - पत्रलेखन, कथालेखन
4	MATHS 1	4	Ratio and Proportion.
5	MATHS 2	6	Circle.
6	SCIENCE 1	11	Reflection of Light Practicals
7	SCIENCE 2	15	Life Processes in Living Organisms
8	HISTORY	6	Empowerment of Women and other Weaker Sections
9	GEOGRAPHY	6 7	Properties of sea water International Date Line

10	WATER SECURITY	7	Catchment / Watershed Treatment
11	ICT		Geogebra - Practical - maths 2 construction
12	P.T.	2 1	<ul style="list-style-type: none"> ● TRACK AND FIELD EVENTS - ● Athletics - Running - Sprints / Medium / Long Distance
13	YOGA		<ul style="list-style-type: none"> ● Set of eye exercise ● Standing Asanas - (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e)Hastha Padasana (f) Tadasana - 1 (g) Tadasana - 2 (h)Tadasana - 3 ● Vajarasana Series - (a) Vajrasana, (b) Shwanasana, (c) Yogmudra, (d)Supta Vajrasana ● Padmasana series - (a) Ardha Padmasana, (b)Parvatasana, (c) Bramhamudra ● Janu Bhu Shirasasana ● Paschimottanasana ● Bhu namanasana ● Shwasan marg shuddhi (Kriya) ● Sukshma Kapalhatti (Kriya) ● Pranayamic breathing ● Surya Bedan ● Pre Ujjai ● Diaphragmaic breathing ● Sukshma Ujjai Rechak. ● Chandra Bedhan ● Sulabh Ardha Matsyendrasana

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**SYLLABUS PLAN FOR THE MONTH OF NOVEMBER
FOR CLASS – X (2021 – 2022)**

SR. NO.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	4.2 1.5 3.6 3.5	Prose - The Luncheon Joan of Arc The Concert Unbeatable Super Mom - Mary Kom Grammar - Figures of Speech Punctuation Direct and Indirect Speech Transformation of Sentences Writing Skill - Information Transfer (Verbal to Non - Verbal) (Non - Verbal to Verbal)
2	HINDI	7 8	पाठ - महिला आश्रम कविता - अपनी गंध नहीं बेचूंगा व्याकरण - वाक्य शुद्धिकरण, मुहावरें रचना - कहानी लेखन (मुद्दे - सुवचन के आधार पर)
3	MARATHI	15 12	पाठ - खरा नागरिक कविता - रंग मजेचे रंग उदयाचे व्याकरण - शब्दसंपत्ती - समानार्थी, विरुद्धार्थी, लिंग, वचन, अनेक शब्दापासून एक शब्द (उजळणी) निबंधलेखन - वैचारिक लेखन, प्रसंग लेखन
4	MATHS 1	3	Arithmetic Progression.
5	MATHS 2	3	Circle – Practice set sums.
6	SCIENCE 1	6 7	Refraction of Light Lenses Practicals
7	SCIENCE 2	5	Towards Green Energy.

8	HISTORY	8 4	Tourism and History Social and Political Movements (PS)
9	GEOGRAPHY	6 7	Population Human Settlements
10	WATER SECURITY	2	Lesson no. 2
11	ICT		Geogebra Practicals - Creating Sliders.
12	P.T.	2 3	<ul style="list-style-type: none"> ● TRACK AND FIELD EVENTS - ● Relay Race – 4 x 100 / 4 x 400 ● JUMP – Long / High
13	YOGA		<ul style="list-style-type: none"> ● Set of eye exercise ● Standing Asanas - (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f)Tadasana - I (g)Tadasana - II (h)Tadasana - III ● Vajarasana Series - (a) Vajrasana, (b) Shwanasana, (c)Yogamudra, (d)Supta Vajrasana (e)Marjarasana A&B ● Padmasana series - (a) Ardha Padmasana, (b)Parvatasana, (c) Bramhamudra, (d)Padmasanastha yoga mudra ● Janu Bhu Shirasasana ● Paschimottanasana ● Shwasan marg shuddhi (Kriya) ● Kapalbhatti (Kriya) ● Pranayamic breathing ● Surya Bedan ● Pre Ujjai ● Diaphragmic breathing ● Ujjai Rechak. ● Anulom Vilom ● Chandra Bedhan
14	SCOUT / GUIDE	5	Overnight Patrol Camp