

## **DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON**

### **SYLLABUS PLAN FOR THE MONTH OF DECEMBER FOR CLASS – VIII (2021 – 2022)**

<b>Sr. No.</b>	<b>SUBJECT</b>	<b>CHAPTER NO.</b>	<b>TOPICS / CHAPTER HEADING</b>
1	ENGLISH	3.3 3.4 4.1	Prose: The Last Leaf Poem : Leisure The Vet  Grammar: Question Tags,WH Questions,Use words as Nouns and Verbs in Sentences  Composition: Interview Writing
2	HINDI	1 2	कविता - सौहार्द सौमनस्य पाठ - लकड़हारा और वन खेती में आई तब्दीलियाँ व्याकरण - काल परिवर्तन , कारक, वर्ण विच्छेद रचना - छाते की आत्मकथा ( निबंध )
3	MARATHI	१० ११	पाठ- आम्ही हवे आहोत का?  कविता- जीवनगाणे  निबंधलेखन- वैचारिक लेखन सारांशलेखन
4	MATHS	14 12	Compound Interest  Equations in one variable
5	SCIENCE	17 18	Man made Materials Ecosystems
6	HISTORY	9 10  4	HISTORY Last Phase of Struggle for Independence Armed Revolutionary Movement  CIVICS The Indian Judicial System
7	GEOGRAPHY	7	Population

8	DRAWING	8 9	Design. (diwali) colouring with poster colour 3 D Design : soap carving
9	COMPUTER	6	HTML : Creating Headings Body Tags.
10	P.T.		<ul style="list-style-type: none"> <li>● Sitting Exercises 1 to 6</li> <li>● Running -- Medium and Long Distance</li> <li>Revision of Standing Exercises</li> </ul>
11	YOGA		<ul style="list-style-type: none"> <li>● Set of eye exercise</li> <li>● Standing Asanas- (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana -1 (g) Tadasana -2 (h)Tadasana-3</li> <li>● Vajarasana Series- (a) Vajrasana, (b) Shwanasana, (c) Yogmudra, (d)Supta Vajrasana</li> <li>● Padmasana series- (a) Ardha Padmasana, (b) Parvatasana, (c) Bramhamudra,</li> <li>● Janu Bhu Shirasasana</li> <li>● Paschimottanasan</li> <li>● Bhu Naman Asanas</li> <li>● Shwasan marg shuddhi (Kriya)</li> <li>● Kapalbhatti (Kriya)</li> <li>● Pranayamic breathing</li> <li>● Surya Bedan</li> <li>● Pre Ujjai</li> <li>● Diaphragmic breathing</li> </ul>
12	KARATE		<ul style="list-style-type: none"> <li>● Three types of jumps</li> <li>● Upper body twist</li> <li>● Lower back stretch dynamic</li> <li>● Lower back stretch</li> <li>● Second katha</li> <li>● Shoulder exercise</li> <li>● Stomach level kick</li> <li>● Neck exercise</li> <li>● Arms exercise</li> <li>● Wrist rotation exercise</li> </ul>

# **DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON**

## **SYLLABUS PLAN FOR THE MONTH OF DECEMBER FOR CLASS – IX (2021 – 2022)**

<b>Sr. No.</b>	<b>SUBJECT</b>	<b>CHAPTER NO.</b>	<b>TOPICS / CHAPTER HEADING</b>
1	ENGLISH	3.4 3.3	Prose : How the First Letter was Written Poetry : The Road Not Taken Grammar : Simple, Compound, Complex sentences Identification and Transformation Writing Skill : Informal letter Expand the theme (Reflective) Story writing (Imaginative)
2	HINDI	1 3 2	कविता - कह कविराय पाठ - अतीत के पत्र व्याकरण - रचना के आधार पर वाक्य भेद क्रिया - सहायक क्रिया , प्रेरणार्थक क्रिया रचना - कहानी लेखन , वृत्तांत लेखन
3	MARATHI	12 14	कविता - पुन्हा एकदा पाठ – ते जीवनदायी झाड व्याकरण - वाक्यपरिवर्तन (उजळणी) निबंधलेखन - आत्मवृत्त, कथालेखन
4	MATHS 1	4	Ratio and Proportion.
5	MATHS 2	6 8	Circle: 6.3 Trigonometry
6	SCIENCE 1	13	Carbon: An important element Practicals

7	SCIENCE 2	15	Life Processes in Living Organisms (contd.)
		16	Heredity and Variation
8	HISTORY	7	HISTORY Science and Technology
		4	POL Sc. The United Nations
9	GEOGRAPHY	6	Properties of sea water
		7	International Date Line
10	WATER SECURITY	7	Catchment/Watershed Treatment
		8	Water Recharge.
11	ICT		HTML : Creating Headings Image tag, Hr Tag Body Tags.
12	P.T.	2/1	<ul style="list-style-type: none"> <li>● TRACK AND FIELD EVENTS=</li> <li>● Athletics = Running --Sprints / Medium / Long Distance</li> <li>Relay Race = 4x100 / 4x400</li> <li>Jumps = LONG Jump / High Jump</li> </ul>
		2/2	
		2/3	
13	YOGA		<ul style="list-style-type: none"> <li>● Set of eye exercise</li> <li>● Standing Asanas- (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana -1 (g) Tadasana -2 (h)Tadasana-3</li> <li>● Vajarasana Series- (a) Vajrasana, (b) Shwanasana, (c) Yogmudra, (d)Supta Vajrasana (e )Ushtrasana</li> <li>● Padmasana series- (a) Ardha Padmasana, (b) Parvatasana, (c) Bramhamudra,</li> <li>● Janu Bhu Shirasasana</li> <li>● Paschimottanasan</li> <li>● Bhu Naman Asanas</li> <li>● Shwasan marg shuddhi (Kriya)</li> <li>● Sukshma Kapalhatti (Kriya)</li> <li>● Pranayamic breathing</li> <li>● Surya Bedan</li> <li>● Sulabh Ardha Matchendrasana</li> <li>● Pre Ujjai</li> <li>● Diaphragmic breathing</li> </ul>

# **DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON**

## **SYLLABUS PLAN FOR THE MONTH OF DECEMBER FOR CLASS – X (2021 – 2022)**

<b>Sr. No.</b>	<b>SUBJECT</b>	<b>CHAPTER NO.</b>	<b>TOPICS / CHAPTER HEADING</b>
1	ENGLISH	4.3 4.5	Prose : World Heritage The Old Man and The Sea : Book Review. Grammar : Revision Writing Skill : Story writing
2	HINDI	7 8	पाठ - जब तक जिंदा रहूँ, लिखता रहूँ कविता - समता की ओर पूरक पठन - बूढ़ी काकी, रचना - पुस्तक प्रदर्शनी में एक घंटा
3	MARATHI	15 13	पाठ - खरा नागरिक कविता - हिरवंगार झाडासारखं व्युत्पत्ती कोश ( स्थूलवाचन ) व्याकरण - शब्दसंपत्ती (उजळणी) निबंधलेखन - वैचारिक लेखन, प्रसंग लेखन ,कथालेखन (उजळणी)
4	MATHS 1	4	Probability - Practice set sums
5	MATHS 2	3 6	Circle - Practice set sums. Trigonometry - Practice set 6.1 and 6.2.
6	SCIENCE 1	8 9	Metallurgy Carbon and carbon compounds Practicals
7	SCIENCE 2	5 8 10	Towards Green Energy continued. Cell Biology and Biotechnology. Disaster Management.

8	HISTORY	9 4	Heritage Management Social and Political Movements (PS)
9	GEOGRAPHY	6 7	Population Human Settlements
10	WATER SECURITY	2	Cultural Heritage of Water Wisdom.
11	ICT		Revision : Geogebra Practicals : Creating Sliders.
12	P.T.	2 3 4	<ul style="list-style-type: none"> <li>● TRACK AND FIELD EVENTS=</li> <li>* JUMP = Lon/g High /Triple Jump</li> <li>● Throws = Shorts-put / Discus Throw / Javelin Throw</li> </ul>
13	YOGA		<ul style="list-style-type: none"> <li>● Set of eye exercise</li> <li>● Standing Asanas- (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana -1 (g) Tadasana -2 (h)Tadasana-3 (i )Vrikshasana</li> <li>● Vajarasana Series- (a) Vajrasana, (b) Shwanasana, (c) Yogmudra, (d)Supta Vajrasana ( e)Marjarasana A&amp; B ( f) Tripada Marjarasana</li> <li>● Padmasana series- (a) Ardha Padmasana, (b) Parvatasana, (c) Bramhamudra,</li> <li>● Janu Bhu Shirasasana</li> <li>● Paschimottanasan</li> <li>● Bhu Naman Asanas</li> <li>● Shwasan marg shuddhi (Kriya)</li> <li>● Kapalbhatti (Kriya)</li> <li>● Pranayamic breathing</li> <li>● Surya Bedan</li> <li>● Pre Ujjai</li> <li>● Diaphragmic breathing</li> <li>● Ujjai Rechak.</li> <li>● Anulom Vilom</li> <li>● Chandra Bedhan</li> <li>● Brahmari</li> </ul>
14	SCOUT / GUIDE	8	cooking