DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON

SYLLABUS PLAN FOR THE MONTH OF NOVEMBER FOR CLASS – V (2021 – 2022)

SR. NO.	SUBJECT	CHAPTER NO	TOPICS / CHAPTER HEADING
1	ENGLISH	32	Prose - Helen Keller
		11	Be a good speaker (Activity)
		9	Poetry - The Triantiwontigongolope
			Grammar - Adjective
			Composition - Autobiography
			पाठ - गाँव और शहर
	HINDI	8	बालिका दिवस
		8	(अ) बोध
2		b	व्याकरण - लिंग और वचन (अ. बोध)
			रचना - मेरा गाँव (निबंध)
		y	वाचन - रोबोट
		Ę	जुड़े हम
	MARATHI	१५	नदीचे गाणे
3		१७	आमची सहल
J .			व्याकरण - वाक्यप्रचार, शुद्ध शब्द
			निबंधलेखन - माझा आवडता सण
	MATUO	10	Measuring Time
4	MATHS	14	Pictographs
		6	Rules for everyone
5	EVS 1	12	Food for all
		18	The Environment and Us
6	EVS 2	6	Stone Age: Stone Tools
7	DRAWING	8	LETTERING - Draw a simple Word and related background drawing
8	COMPUTER	6	Introduction to PowerPoint – creating blank document, slide layouts, saving presentation.
	Р. Т.		Kadam Tal
9			Savdhan Vishram
			Sitting Exercises

10	YOGA	 Set of Eye exercise (a) Movement of Eyeballs to right, left (b) Movement of Eyeballs to up, down c) Gaze to left corner of the ceiling, right corner of the ceiling (d) Gaze to the right corner of the floor, left corner of the floor (e) rotate the eye balls from right to left and left to right (f) close the eyes tightly n open it up quickly (g) eyes closed for a while, rub the palms give the warmth to eyes and feel relaxed. Standing Asanas (a) Sulabh Chakrasana (b) Chakrasana (c) Sulabh katti vakrasana (d) Katti vakrasana (e)Katti Chakrasana (f) Hastha Padasana (g) Tadasana - I Vajrasana Shwanasana Swastikasana Ardha - Padmasana Parvatasana Titliasana Hasthaparshwasana
		 Basic breathing techniques Chadra Abhyas
		(Revision of all the Asanas)
	KARATE	Three types of jumps
		Upper body twist
		Lower back stretch dynamic
11		Lower back stretch
		Shoulder exercise
		Neck exercise
		Arms exercise
		Wrist rotation exercise

DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON

SYLLABUS PLAN FOR THE MONTH OF NOVEMBER FOR CLASS – VI (2021 – 2022)

SR. NO.	SUBJECT	CHAPTER NO	TOPICS / CHAPTER HEADING
1	ENGLISH	1.3	Prose - Autobiography of a Great Indian Bustard
		3.5	Poem - The Donkey
			Grammar - Active and Passive Voice (Identification)
	HINDI	२	कविता - तूफानों से क्या डरना
2			व्याकरण - समानार्थी, विरोधी शब्द
			चित्र रचना - उपयोग हमारे
		۷	कुंदाचे साहस
			चेंद्रावरची शाळा
3	MARATHI	१२	व्याकरण - अचूक शब्द ओळखा
			शब्द समूहाबद्दल एक शब्द
		10	Equation
4	MATHS	18	Three dimensional shapes.
		8	The skeleton system and the skin.
5	SCIENCE	14	Light and the formation of shadows
		11	History - Ancient India and the world.
6	HISTORY	5	Civics - District Administration.
7	GEOGRAPHY	7	Rocks and Rock types.
		8	DESIGN (Use 5 th rule of design texture In Square draw
8	DRAWING		Flowers and Butterflies and colour with warm colours)
		6	Adding Animation to PowerPoint
9	COMPUTER		raamig rammadon to i offoni onit
10	P.T.		Kadam Tal
			Sitting Exercises
			Left and Right Turn

11	YOGA	Set of Eye exercise Standing Asanas (a) Chakrasana (b) Katti vakrasana (c) Katti Chakrasana (d) Hastha Padasana (e)Tadasana - I (f) Tadasana - II Vajrasana Shwanasana Shwanasana Ardha - Padmasana Parvatasana Titliasana Basic breathing technique Hasthaparshwasana Sulabh Ushtrasana Surya Abhyas Pre Ujjai Janu Bhushirasana
		 Paschimottanasana Brahma mudra Sulabh Supta Vajrasana Three types of jumps
12	KARATE	 Upper body twist Lower back stretch dynamic Lower back stretch Shoulder exercise Neck exercise Arms exercise Wrist rotation exercise

DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON

SYLLABUS PLAN FOR THE MONTH OF NOVEMBER FOR CLASS – VII (2021 – 2022)

SR. NO.	SUBJECT	CHAPTER NO	TOPICS / CHAPTER HEADING
1	ENGLISH	4.2	Prose - Unke Munke Timpetoo
		3.1	Poem -Tartary
			Grammar - Direct and Indirect Speech
	HINDI	1	पाठ - अस्पताल
2		3	पाठ - दो लघु कथाएं
			व्याकरण - लययुक्त शब्द, काल (प्रकार)
			रचना - पत्र लेखन (औपचारिक)
	MARATHI	9	पाठ - वाचनाचे वेड
3		6	कविता - शब्दांचे घर
			निबंध - जाहिरात लेखन (तयार करणे)
4	MATHS	10	Banks and Simple Interest
5	SCIENCE	13	Changes - Physical and Chemical
	HISTORY	11	History - Marathas - The Protectors of the Nation.
6		6	Civics - Directive Principles of State Policy and
			Fundamental Duties.
		6	Natural Regions
7	GEOGRAPHY	7	Soil
	DRAWING	6	OBJECT DRAWING (Theory - Explain definition of object
8			drawing and how to draw on a paper with 3 dimension)
9	COMPUTER	6	Formulas in MS-Excel
10	P.T.		Kadam Tal / Savdhan Vishram
			Sitting Exercises
			Warm up Exercises

		Set of Eye exercise
		Standing Asanas (a) Chakrasana (b) Katti vakrasana (c)
		Katti Chakrasana (d) Hastha Padasana (e) Tadasana - I
		(f) Tadasana - II
		Vajrasana Vajrasana
		Shwanasana
		Swastikasana
		Ardha - Padmasana
		Parvatasana
		Titliasana
		Basic breathing technique
11	YOGA	Hasthaparshwasana
		Sulabh Ushtrasana
		Surya Abhyas
		Pre Ujjai
		Janu Bhushirasana
		Yoga mudra
		Anthar Kumbhakh
		Bahya Kumbhakh
		Paschimottanasana
		Brahma mudra
		Sulabh Supta Vajrasana
		a Three types of imme
		Three types of jumps Linear back twict
		Upper body twist
		Lower back stretch dynamic
		Lower back stretch
12	KARATE	Shoulder exercise
		Stomach level kick
		Neck exercise
		Arms exercise
		Wrist rotation exercise