

# **DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON**

## **SYLLABUS PLAN FOR THE MONTH OF OCTOBER FOR CLASS – VIII (2021 – 2022)**

<b>Sr. No.</b>	<b>SUBJECT</b>	<b>CHAPTER NO.</b>	<b>TOPICS / CHAPTER HEADING</b>
1	ENGLISH		Grammar: Degrees of Comparison (Identification & Transformation) Verbs (Finite & Non- Finite) Composition: Speech writing Story with a beginning \ end
2	HINDI	6 7	कविता - जरा प्यार से बोलना सीख लीजे पाठ - मेरे रजा साहब व्याकरण - विशेषण तथा प्रकार
3	MARATHI		पाठ - उजळणी कविता - उजळणी व्याकरण - विरामचिन्हे, वाक्प्रचार, शब्दसंपत्ती, लेखननियमानुसार लेखन निबंधलेखन - बातमीलेखन जाहिरात लेखन
4	MATHS	5 6 7 8 4	Expansion Formulae Factorisation of Algebraic expressions Variation Quadrilateral: Construction and types Altitudes and Medians of a triangle
5	SCIENCE	5 7 8 9	Inside the atom (Continued) Metals and Nonmetals Pollution (Project) Disaster Management (Project)
6	HISTORY	7 3	Non – co – operation Movement The Union Executive (Civics)
7	GEOGRAPHY	5	Ocean Currents

8	DRAWING	7	<b>OBJECT DRAWING:</b> Draw brush and poster colour bottle and colour with poster colour  8 <b>Memory Drawing : Festival (drawing and colouring)</b> 9 <b>I SEMESTER EXAM.</b>
9	COMPUTER	4	<b>Introduction to MS - Access:</b> Creating tables Modifying tables.
10	P.T.		<ul style="list-style-type: none"> <li>• Flexibility - Surya Namaskar</li> <li>• Standing Exercises</li> <li>• Warm up Exercises</li> <li>• Above Turn</li> </ul>
11	YOGA		<ul style="list-style-type: none"> <li>• Set of eye exercise</li> <li>• Standing Asanas - (a) Chakrasana (b) Katti Vakrasana, (c) Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana - 1 (g) Tadasana - 2</li> <li>• Vajarasana Series - (a) Vajrasana, (b) Shwanasana, (c) Yogmudra, (d)Supta Vajrasana</li> <li>• Padmasana series - (a) Ardha Padmasana, (b) Parvatasana, (c) Bramhamudra (d )Yoga mudra</li> <li>• Janu Bhu Shirasasana</li> <li>• Paschimottanasana</li> <li>• Shwasan marg shuddhi (Kriya)</li> <li>• Sukshma Kapalbhatti (Kriya)</li> <li>• Pranayamic breathing</li> <li>• Surya Bedan</li> <li>• Pre Ujjai</li> <li>• Diaphragmic breathing</li> <li>• Sukshma Ujjai Rechak.</li> <li>• (Revision of all the Asanas)</li> </ul>
12	KARATE		<ul style="list-style-type: none"> <li>• Three types of jumps</li> <li>• Upper body twist</li> <li>• Lower back stretch dynamic</li> <li>• Lower back stretch</li> <li>• Second katha</li> <li>• Shoulder exercise</li> <li>• Stomach level kick</li> <li>• Neck exercise</li> <li>• Arms exercise</li> <li>• Wrist rotation exercise</li> </ul>

# **DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON**

## **SYLLABUS PLAN FOR THE MONTH OF OCTOBER FOR CLASS – IX (2021 – 2022)**

<b>Sr. No.</b>	<b>SUBJECT</b>	<b>CHAPTER NO.</b>	<b>TOPICS / CHAPTER HEADING</b>
1	ENGLISH	2.6	Prose: The Past in the Present (Non-literary) Writing Skill: Dialogue Writing Revision
2	HINDI	11	कविता - निर्माणों के पावन युग में रचना - अनौपचारिक पत्र पुनरावर्तन
3	MARATHI		हास्यचित्रांतली मुलं (स्थूलवाचन) व्याकरण - लेखननियमानुसार, विरामचिन्हे, वाक्प्रचार निबंधलेखन - वैचारिक लेखन, बातमी लेखन, जाहिरात लेखन, आत्मवृत्त
4	MATHS 1	3	Polynomials (Continued) Revision
5	MATHS 2	3 4	Triangles (continued) Construction of triangles. Revision
6	SCIENCE 1	2 5	Current Electricity (Continued) Acids, Bases and Salts
7	SCIENCE 2	10	Information Communication Technology (ICT) Project
8	HISTORY	5 2	Education India's Foreign Policy (Pol. Sci.) continued
9	GEOGRAPHY	5 6	Precipitation Properties of sea water
10	WATER SECURITY	5 6	Water structure - well, lake, etc. Concept of Water Conservation
11	ICT		Geogebra Practical: - maths 2 construction

12	P.T.		<ul style="list-style-type: none"> <li>• <b>Body Composition – BMI (Body Mass Index)</b></li> <li>• <b>Standing Broad Jump</b></li> <li>• <b>Sitting Ball Throw</b></li> </ul>
13	YOGA		<ul style="list-style-type: none"> <li>• <b>Set of eye exercise</b></li> <li>• <b>Standing Asanas- (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana - 1 (g) Tadasana - 2</b></li> <li>• <b>Vajarasana Series- (a) Vajrasana, (b) Shwanasana, (c) Yogmudra, (d)Supta Vajrasana</b></li> <li>• <b>Padmasana series - (a) Ardha Padmasana, (b) Parvatasana, (c) Bramhamudra,</b></li> <li>• <b>Janu Bhu Shirasasana</b></li> <li>• <b>Paschimottanasana</b></li> <li>• <b>Bhu namanasana</b></li> <li>• <b>Shwasan marg shuddhi (Kriya)</b></li> <li>• <b>Sukshma Kapalhatti (Kriya)</b></li> <li>• <b>Pranayamic breathing</b></li> <li>• <b>Surya Bedan</b></li> <li>• <b>Pre Ujjai</b></li> <li>• <b>Diaphragmic breathing</b></li> <li>• <b>Ujjai Rechak</b></li> <li>• <b>(Revision of all the Asanas)</b></li> </ul>

# **DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON**

## **SYLLABUS PLAN FOR THE MONTH OF OCTOBER FOR CLASS – X (2021 – 2022)**

<b>Sr. No.</b>	<b>SUBJECT</b>	<b>CHAPTER NO.</b>	<b>TOPICS / CHAPTER HEADING</b>
1	ENGLISH		<b>Grammar:</b> Articles Prepositions, Modal Auxiliary – Could, Word Register Use ‘not only.....but also’, ‘as well as’, ‘no sooner than,’ Simple Compound Complex (Identification) Infinitives, Gerunds, Participles <b>Writing Skill:</b> Information Transfer Table Flowchart Revision
2	HINDI	5 6	पाठ - ईमानदारी की प्रतिमूर्ति पूरक पठन - हम इस धरती की संतति है व्याकरण - वाक्य शुद्धिकरण, मुहावरें, संधि
3	MARATHI	9 11	कविता - औक्षण पाठ - जंगल डायरी व्याकरण - शुद्धलेखन, वाक्प्रचार निबंधलेखन - बातमीलेखन, जाहिरातलेखन, वैचारिक लेखन, प्रसंग लेखन, कथालेखन
4	MATHS 1	2	Arithmetic Progression.
5	MATHS 2	5 3	Co-ordinate geometry (Continuation) Circle (Theorems) Revision
6	SCIENCE 1	4 5	Effects of electric current (Continued) Heat Project
7	SCIENCE 2	3 9	Life Processes - Part II (continued) Social health. Project

			<b>Revision</b>
<b>8</b>	<b>HISTORY</b>	<b>5</b> <b>2</b>	<b>Sports and History</b> <b>The Electoral Process (PS)</b>
<b>9</b>	<b>GEOGRAPHY</b>	<b>5</b>	<b>Natural Vegetation and wildlife</b>
<b>10</b>	<b>WATER SECURITY</b>	<b>1</b>	<b>Environment and Ecosystem</b>
<b>11</b>	<b>ICT</b>		<b>Geogebra Practicals : Creating Sliders.</b>
<b>12</b>	<b>P.T.</b>	<b>1</b> <b>1</b>	<b>TRACK AND FIELD EVENTS</b> <b>Athletics = Running -- Short Distance / Medium Distance / Long Distance</b>
<b>13</b>	<b>YOGA</b>		<ul style="list-style-type: none"> <li>● <b>Set of eye exercise</b></li> <li>● <b>Standing Asanas- (a) Chakrasana (b) Katti Vakrasana, (c)Katti Chakrasana (d) Hastha Parshwasana (e) Hastha Padasana (f) Tadasana -1 (g) Tadasana -2</b></li> <li>● <b>Vajarasana Series- (a) Vajrasana, (b) Shwanasana, (c) Yogamudra, (d)Supta Vajrasana (e) Marjarasana A&amp; B</b></li> <li>● <b>Padmasana series- (a) Ardha Padmasana, (b) Parvatasana, (c) Bramhamudra,(d) Padmasanastha yoga mudra</b></li> <li>● <b>Janu Bhu Shirasasana</b></li> <li>● <b>Paschimottanasana</b></li> <li>● <b>Shwasan marg shuddhi (Kriya)</b></li> <li>● <b>Kapalbhatti (Kriya)</b></li> <li>● <b>Pranayamic breathing</b></li> <li>● <b>Surya Bedan</b></li> <li>● <b>Pre Ujjai</b></li> <li>● <b>Diaphragmic breathing</b></li> <li>● <b>Ujjai Rechak.</b></li> <li>● <b>Anulom Vilom</b></li>   <li>● <b>(Revision of all the Asanas)</b></li> </ul>
<b>14</b>	<b>SCOUT / GUIDE</b>	<b>5</b>	<b>Mapping - Map reading, Compass reading, Scale of the map, Triangulation Method, Plane Table Method, Google map.</b>