

DON BOSCO SCHOOL AND JUNIOR COLLEGE, NAIGAON

SYLLABUS PLAN FOR THE MONTH OF OCTOBER FOR CLASS – V (2021 – 2022)

Sr. No.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	31	PROSE: Give your Mind a Workout (Activity) GRAMMAR: Preposition Prefix and Suffix COMPOSITION: Essay writing (Descriptive)
2	HINDI	14	पाठ - मैं सड़क हूँ । व्याकरण - समानार्थी, विरोधी शब्द शब्द - युग्म रचना - मेरा प्रिय मित्र वाचन - व्यायाम
3	MARATHI	१३	अनुभव - १ व्याकरण - वाक्यप्रचार, शुद्ध शब्द निबंधलेखन : माझा आवडता सण आकलन लेखन
4	MATHS	4 8	Multiplication and Division Multiples and Factors
5	EVS 1	3 4	The Earth and its Living World. Environmental balance
6	EVS 2	5	Evolution of Mankind
7	DRAWING	6 7	DESIGN: Design 2 nd rule variation In Circle: draw Flowers and Leaf and colouring with poster. 1st semester exam

8	COMPUTER	5	Formatting in MS-Word: Character formatting Animating text Aligning text Borders and shading
9	P.T.		<ul style="list-style-type: none"> • Warm up Exercises • Savadhan Vishram • Kadam Tal • Standing Exercises Revision
10	YOGA		<ul style="list-style-type: none"> • Set of Eye exercise (a) Movement of Eyeballs to right, left (b) Movement of Eyeballs to up, down (c) Gaze to left corner of the ceiling, right corner of the ceiling (d) Gaze to the right corner of the floor ,left corner of the floor (e) rotate the eye balls from right to left and left to right (f) close the eyes tightly n open it up quickly (g) eyes closed for a while, rub the palms give the warmth to eyes and feel relaxed. • Standing Asanas (a) Sulabh Chakrasana (b) Chakrasana (c) Sulabh katti vakrasana (d)Katti vakrasana (e) Katti Chakrasana (f) Hastha Padasana (g) Tadasana - I • Vajrasana • Shwanasana • Swastikasana • Ardha - Padmasana • Parvatasana • Titliasana • Hasthaparshwasana • Basic breathing techniques • Chadra Abhyas • (Revision of all the Asanas)
11	KARATE		<ul style="list-style-type: none"> • Three types of jumps • Upper body twist • Lower back stretch dynamic • Lower back stretch • Shoulder exercise • Neck exercise • Arms exercise • Wrist rotation exercise

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Sr. No.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH	2.4 2.1	PROSE: Anak Krakatoa POEM: The clothesline GRAMMAR: Degrees of Comparison Tenses
2	HINDI		समोच्चरित शब्द रचना - आकलन (प्रश्नों के उत्तर लिखना) पुनरावर्तन
3	MARATHI	८	कुंदाचे साहस व्याकरण: विशेषण, क्रियापद शब्दसंपत्ती, वाक्यप्रचार निबंधलेखन: माझे घर
4	MATHS	5 8	Decimal Fraction Divisibility
5	SCIENCE	2 3 5	The living world Diversity in living things and their classification. Substances in the surrounding – Their states and properties.
6	HISTORY	4	History - The Vedic Civilization.
7	GEOGRAPHY	5	Temperature
8	DRAWING	7 8	DESIGN: Use 5 th rule of design texture in square: draw Flowers And Butterflies and colour with warm colours. 1 st semester exam.
9	COMPUTER	4 5	Presentation with MS-PowerPoint (continue...) Working with Text and Graphics

10	P.T.		<ul style="list-style-type: none"> ● savadhan Vishram ● Kadam Tal ● Standing Exercises Revision ● Warm up Exercises
11	YOGA		<ul style="list-style-type: none"> ● Set of Eye exercise ● Standing Asanas (a) Chakrasana (b) Katti vakrasana (c) Katti Chakrasana (d) Hastha Padasana (e) Tadasana-I (f) Tadasana-II ● Vajrasana ● Shwanasana ● Swastikasana ● Ardha - Padmasana ● Parvatasana ● Titliasana ● Basic breathing technique ● Hasthaparshwasana ● Sulabh Ushtrasana ● Surya Abhyas ● Pre Ujjai ● Janu Bhushirasana ● Yoga mudra ● Anthar Kumbhakh ● Bahya Kumbhakh ● Paschimottanasana ● Brahma mudra ● (Revision of all the Asanas)
12	KARATE		<ul style="list-style-type: none"> ● Three types of jumps ● Upper body twist ● Lower back stretch dynamic ● Lower back stretch ● Shoulder exercise ● Neck exercise ● Arms exercise ● Wrist rotation exercise

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Sr. No.	SUBJECT	CHAPTER NO.	TOPICS / CHAPTER HEADING
1	ENGLISH		Grammar: Homophones Adverbial phrases Verbs Composition - Informal Letter
2	HINDI	6	व्याकरण - शब्द युग्म, लिंग, वचन, मुहावर, उपसर्ग - प्रत्यय
3	MARATHI	६	पाठ - उजळणी कविता - टप् टप् पडती व्याकरण - शब्दयोगी अव्यय, लेखननियमानुसार लेखन, वाक्प्रचार निबंध - जाहिरात लेखन (प्रश्न विचारणे कृती) मी केलेली सहल माझा आवडता मित्र
4	MATHS	8 1	Algebraic Expressions and Operations on them Geometrical constructions
5	SCIENCE	4 7 9	Nutrition in living organisms Motion, Work and Force Heat
6	HISTORY	5	History - India before the Times of Shivaji Maharaj.
7	GEOGRAPHY	5	Winds
8	DRAWING	6	OBJECT DRAWING: Theory: Explain definition of object drawing and how to draw on a paper with 3 dimensions. 1st semester exam.
9	COMPUTER	5	Formatting Worksheet in MS-Excel
10	P.T.		<ul style="list-style-type: none">● Warm up Exercises Video● Left and Right Turn● Kadam Tal● Standing Exercises Revision

11	YOGA		<ul style="list-style-type: none"> ● Set of Eye exercise ● Standing Asanas (a) Chakrasana (b) Katti vakrasana (c) Katti Chakrasana (d) Hastha Padasana (e) Tadasana-I (f) Tadasana-II ● Vajrasana ● Shwanasana ● Swastikasana ● Ardha - Padmasana ● Parvatasana ● Titliasana ● Basic breathing technique ● Hasthparshwasana ● Sulabh Ushtrasana ● Surya Abhyas ● Pre Ujjai ● Janu Bhushirasana ● Yoga mudra ● Anthar Kumbhakh ● Bahya Kumbhakh ● Paschimottanasana ● Brahma mudra ● (Revision of all the Asanas)
12	KARATE		<ul style="list-style-type: none"> ● Three types of jumps ● Upper body twist ● Lower back stretch dynamic ● Lower back stretch ● Shoulder exercise ● Stomach level kick ● Neck exercise ● Arms exercise ● Wrist rotation exercise