

**SECONDARY SECTION – STD. V****COMPLETED SYLLABUS IN THE MONTH OF JANUARY 2021**

<b>SUBJECT</b>	<b>TOPIC / CHAPTER</b>
<b>ENGLISH</b>	
<b>Prose</b>	1.Chap.10 - Three Sacks of Rice 2. Video (uploaded) Notes and assignment given Chap. 27 - The Legend of Marathon (Notes and assignment is given) 3. Ch. 19 - Be a good host and guest (Activity) – PPT Uploaded 4. Chap. 28 - All About Money - Notes and ppt Uploaded
<b>Poetry</b>	1. Chap.17 - On the Water Video (uploaded) Notes and assignment given 2. Chap.9 - Triantiwontigongolope (Notes and assignment is given)
<b>Grammar</b>	1. Adjective (Quality, Quantity and Number)- Video, ppt (uploaded) Notes (given) 2. Punctuation (Full Stop, Comma, Question Mark, Apostrophe) -Notes and ppt uploaded 3. Conjunction, Interjection ( ppt uploaded, notes and assignments given)
<b>Composition</b>	1. Letter Writing (Informal) (to be completed)
<b>HINDI</b>	
<b>पाठ</b>	1. पाठ 1 - गाँव और शहर। 2. पाठ 5 - रोबोट। 3. पाठ 6 - जुड़े हम। 4. पाठ 7 - बोध। (Video uploaded, Notes and assignment given.)

<b>कविता</b>	-----
<b>रचना विभाग</b>	1. मेरा गाँव । (Video uploaded, Notes given.)
<b>व्याकरण</b>	1. अनुस्वार । 2. लिंग । 3. वचन । (Video uploaded, Notes and assignment given and Revision taken.)
<b>MARATHI</b>	
<b>पाठ</b>	20.गमतीदार पत्र ( पाठ स्पष्टीकरण केले / PDF ने प्रश्नोत्तरे दिली./ प्रश्न उत्तरे सोडवून घेतली./ पाठाचे मागचे प्रश्न उत्तरे सोडवून घेतली. ).  23.प्रामाणिक इस्त्रीवाला (पाठ स्पष्टीकरण केले/ PDF ने प्रश्नोत्तरे दिली. /प्रश्नोत्तरे सोडवून घेतली./ पाठाचे मागचे प्रश्न उत्तरे सोडवून घेतली.)
<b>कविता</b>	21. छोटेसे बहिणभाऊ (कविता स्पष्टीकरण केले / PDF ने प्रश्नोत्तरे दिली./ प्रश्नोत्तरे सोडवून घेतली./ वर्क बुक पूर्ण केले
<b>व्याकरण</b>	क्रियापद शिकवले.( वहीत लिहून दिले PDF.) / अंकलेखन 26 ते 50 शिकवले.( वहीत लिहून दिले. PDF)
<b>निबंधलेखन</b>	माझा आवडता प्राणी- गाय ( निबंधाचे स्पष्टीकरण केले / मुलांकडून माझा आवडता प्राण्याविषयी चार पाच वाक्य बोलून घेतली./ PDF द्वारे निबंध दिला. ) चित्रवर्णन( शिकवले PDF द्वारे लिहून दिले )
<b>EVS - 1</b>	1. Chapter. 22 - Growth and personality development 2. Chapter. 15 - Communication and mass media 3. Chapter. 25 - Community health and hygiene 4. Ppt uploaded, notes uploaded , assignment , Homework given
<b>EVS- 2</b>	Chap. 8 Beginning of settled life Videos -uploaded, Assignment and Notes- Given

<b>MATHS</b>	Chapter - 15 Perimeter and Area - Videos , Assignment and problem set .- Given
<b>COMPUTER</b>	<ol style="list-style-type: none"> <li>1. Lesson 4. – Editing Text in MS-Word. (lab activity done) (notes, assignment uploaded)</li> <li>2. Lesson 5. – Formatting in Ms-Word (lab activity done) ( notes, assignment uploaded)</li> </ol>
<b>DRAWING</b>	<ol style="list-style-type: none"> <li>1. Colouring design Activity no.1 ( joker face )</li> </ol>
<b>CRAFT</b>	<ol style="list-style-type: none"> <li>1.pengiun</li> <li>2.swan</li> </ol>
<b>MUSIC</b>	<ol style="list-style-type: none"> <li>1. Raag Bhoop, Raag Bhgayshree</li> <li>2. Raag Yaman Kalyan</li> <li>3. How To Play Chords (Major And Minor )</li> <li>4. Yeach Them How To Sing On Karao</li> <li>5. Patriotic Songs Action Songs</li> <li>6. Ragas Based Songs. taught the students. all the raagas completed taught them how to sing on karaoke shown videos how play chords and given the notes given lexis audio editor app completed the portion</li> <li>7.completd almost all the portion</li> </ol>
<b>YOGA</b>	<ol style="list-style-type: none"> <li>1. Set of Eye Exercise : Movement of eyeballs to various directions</li> <li>2. TADASANA SERIES :(a) Sulabh Chakrasana ( b) Tadasasana I,II (c)Sulabh katti vakrasana (d) Katti chakrasana (e) Hastha padasana (f) Hastha parshwasana</li> <li>3. Basic Pranayama :(a) Pranayamic breathing (b)Anthar Kumbhakh (c) Bahya Kumbhakh (d) Chandra abhyas</li> </ol> <p>Padmasana series :{ a}Padmasana {b} Parvatasana {c} Yoga mudra</p>
<b>KARATE</b>	<ol style="list-style-type: none"> <li>1. Pushup Variation</li> <li>2. Surya Namaskar</li> <li>3. Straight Pushup</li> <li>4. Diamond Pushup</li> </ol>

SECONDARY SECTION – STD. VI

COMPLETED SYLLABUS IN THE MONTH OF JANUARY 2021

SUBJECT	TOPIC / CHAPTER
<b>ENGLISH</b>	
<b>Prose</b>	3.2 Seven Sisters 3.6 The Merchant of Venice ( notes ,ppt and explanation posted in the classroom )
<b>Poetry</b>	4.5 If I can stop one heart from breaking ( notes, ppt and explanation posted in the classroom )
<b>Grammar</b>	Subject verb agreement ( Notes, ppt and assignment given )
<b>Composition</b>	-----
<b>HINDI</b>	
<b>पाठ</b>	सोना और लोहा स्वास्थ्य संपदा ( पाठों का स्पष्टीकरण कराया तथा पाठ से संबंधित वर्क बुक नोट्स , गृहकार्य , quiz assignment , ppt आदि क्लासरूम में भेज दिया)
<b>कविता</b>	-----
<b>रचना विभाग</b>	1. पत्र लेखन -स्वास्थ्य संपदा पाठ पर आधारित (पत्र समझाया और नोट्स तथा गृहकार्य क्लासरूम में भेज दिया )

<b>व्याकरण</b>	<p>1. प्रेरणार्थक क्रिया ( स्पष्टीकरण कराया तथा संबंधित नोट्स और गृहकार्य क्लासरूम में भेज दिया )</p> <p>2. मुहावरे - पाठ के आधार पर ( समझाया तथा संबंधित नोट्स और गृहकार्य क्लासरूम में भेज दिया )</p>
<b>MARATHI</b>	
<b>पाठ</b>	१४. अप्पार्जीचे चातुर्य
<b>स्थूलवाचन</b>	-----
<b>व्याकरण</b>	विरामचिन्हे
<b>निबंधलेखन</b>	माझी शाळा
<b>MATHS</b>	<p>1. Triangles and their Properties</p> <p>2. Percentage</p>
<b>SCIENCE</b>	<p>1. Chapter 16 : The Universe Video, Activity, Assignment and Notes (Given)</p> <p>2. Chapter 9 : Motion and Types of Motion Video (Uploaded), Activity and Notes (Given)</p>
<b>HISTORY</b>	<p>1. Civics : Chap. 3 Rural Local Government Bodies Videos -uploaded, Assignment and Notes- Given</p> <p>2. History : Chap. 8 States After the Maurya Empire Videos -uploaded, Assignment and Notes- Given</p>
<b>GEOGRAPHY</b>	1. Chapter. 8 Natural resources Ppt uploaded, notes given, assignment given
<b>COMPUTER</b>	<p>1. Lesson 6 – Working with Aniamtions</p> <p>Explanation done. Assignment done. Notes uploaded.</p>
<b>DRAWING</b>	<p>1. Colour design drawing and colouring</p> <p>2. Memory drawing ( kite flying )</p> <p>3. Design ( drawing and colouring )</p>

<b>CRAFT</b>	<ol style="list-style-type: none"> <li>1. Paper flower</li> <li>2. Tricolor badges</li> <li>3 Flower sticks</li> </ol>
<b>MUSIC</b>	<ol style="list-style-type: none"> <li>1. Raag Bhoop, Raag Bhagayshree, Yaman Kalyan, Bhimpalsi, How To Play Notes On Keyboard Sa Re Ga Ma Or C D E G</li> <li>2. How To Play Major Chords, Aerobics From This Month, Patriotic Songs, Action Songs, Prayer Songs, And Raagas Based Songs All raagas and songs completed. taught all notes shown on videos given them for writing and how to record the songs on lexis audio editor thats all shown. Completed.</li> </ol>
<b>YOGA</b>	<ol style="list-style-type: none"> <li>1. Set of Eye Exercise : Movement of eyeballs to various directions</li> <li>2. TADASANA SERIES :(a) Sulabh Chakrasana ( b) Tadasasana I,II (c) Sulabh katti vakrasana (d) Katti chakrasana ( e) Hastha padasana (f) Hastha parshwasana</li> <li>3. Padmasana series :(a) Padmasana ( b) Parvatasana ( c ) Brahma mudra</li> <li>4. Basic Pranayama :(a) Pranayamic breathing (b) Anthar Kumbhakh (c) Bahya Kumbhakh (d) Chandra abhyas</li> </ol> <p>Vajrasana series : (a) Vajrasana (b) Shwanasana (c) Yoga mudra</p>
<b>KARATE</b>	<ol style="list-style-type: none"> <li>1. Pushup Variation</li> <li>2. Surya Namaskar</li> <li>3. Straight Pushup</li> <li>4. Diamond Pushup</li> </ol>

**SECONDARY SECTION – STD. VII****COMPLETED SYLLABUS IN THE MONTH OF JANUARY 2021**

<b>SUBJECT</b>	<b>TOPIC / CHAPTER</b>
<b>ENGLISH</b>	
<b>Prose</b>	1. Chp 4.3 The Red Headed League 2. Chp 3.6 Think Before you Speak (Videos - uploaded, Assignment and Notes given)
<b>Poetry</b>	1. Poem 3.4 The Brook (Videos -uploaded, Assignment and Notes given)
<b>Grammar</b>	1. Tenses 2. Prefix and Suffix (Videos - uploaded, Assignment and Notes given)
<b>Composition</b>	1. Story Writing (Videos - uploaded, Assignment and Notes given)
<b>HINDI</b>	
<b>पाठ</b>	1. रहस्य ( पाठ का स्पष्टीकरण किया तथा वर्कबुक नोट्स , गृहकार्य , ppt और स्पष्टीकरण का वीडियो क्लासरूम में भेज दिया गया है । )
<b>कविता</b>	1. बसंत गीत (भावार्थ , नोट्स , गृहकार्य क्लासरूम में भेज दिया गया है । )
<b>रचना विभाग</b>	1. कहानी लेखन , 2. निबंध लेखन (मानवसेवा सच्ची सेवा ) (स्पष्टीकरण किया और नोट्स क्लासरूम में भेज दिया गया है । )
<b>व्याकरण</b>	1. अव्यय । ( स्पष्टीकरण किया और नोट्स क्लासरूम में भेज दिया गया है । )
<b>MARATHI</b>	
<b>पाठ</b>	1. ११. लेक ( कविता) उजळणी

<b>कविता</b>	
<b>स्थूलवाचन</b>	-----
<b>व्याकरण</b>	1. केवलप्रयोगी अव्यय ( स्पष्टीकरण , पीपीटी ,नोट्स गूगल क्लासरूममध्ये दिले )
<b>निबंधलेखन</b>	१) बातमीलेखन ( तयार करणे) २. प्रसंगवर्णन ३. कथालेखन ४. माझी आई (स्पष्टीकरण, पीपीटी, नोटस् गूगल क्लासरूममध्ये दिले .)
<b>MATHS</b>	1. Chp 14 - Algebraic Formulae- Explanation of squares 2. Chp 13 - Pythagoras Theorem - Introduction is done.  (PPT and videos are uploaded. Homework is given.)
<b>SCIENCE</b>	1. Chp.19 - Properties of magnetic field (Notes and PPT given, assignment given) 1. Chp. 11- Cell structure and micro-organisms (Half completed)
<b>HISTORY</b>	1. Civics : Chp.4 Fundamental Rights- Part 1 Videos -uploaded, Assignment and Notes- Given  2. Civics: Chp.5 Fundamental Rights- Part 2 Videos -uploaded, Assignment and Notes- Given
<b>GEOGRAPHY</b>	1. Chp 8 How do seasons occur Part 2 (Notes and PPT given)
<b>COMPUTER</b>	1. Lesson 6. Using Formulas in MS-Excel (lesson explained, lab activity done, assignment & notes uploaded) 2. Lesson 7. PowerPoint – Advanced Features (lesson explained, lab activity done, assignment & notes uploaded)
<b>DRAWING</b>	1. Memory drawing colouring (kite flying) 2. Design (explain) Free hand drawing (colouring )
<b>CRAFT</b>	1. Newspaper Dustbin 2. Christmas Decoration



<b>MUSIC</b>	<ol style="list-style-type: none"> <li>1. Raag Bhoop</li> <li>2. Bhagayshree</li> <li>3. Yaman Kaylan</li> <li>4. Bhimpalsi</li> <li>5. How to play notes on keyboard sa re ga or c d e f basics chords (major chords and minor chord)</li> <li>6. Paritic songs completed all syllabus shown on keyboard.compleated all ragas .given notes shown videos ,Taught them how to record the song on lexis audio editor told them to post videos.</li> <li>7. Completed.the portion.</li> </ol>
<b>YOGA</b>	<p>I) TADASANA SERIES :(a) Chakrasana ( b) Tadasasana I, II , III (c) Sulabh katti vakrasana (d) Katti chakrasana ( e) Hastha padasana (f) Hastha parshwasana</p> <p>II)Padmasana series :(a) Padmasana ( b) Parvatasana ( c ) Brahma mudra</p> <p>III)Basic Pranayama :(a) Pranayamic breathing (b)Anthar Kumbhakh (c) Bahya Kumbhakh</p> <p>IV)Vajrasana series : a)Vajrasana b)Shwanasana c)Ushtrasana d)Yoga mudra</p> <p>V) Set of Eye Exercise : Movement of eyeballs to various directions</p>
<b>KARATE</b>	<ol style="list-style-type: none"> <li>1. Pushup Variation</li> <li>2. Surya Namaskar</li> <li>3. Straight Pushup</li> <li>4. Diamond Pushup</li> </ol>

**SECONDARY SECTION – STD. VIII**

**COMPLETED SYLLABUS IN THE MONTH OF JANUARY 2021**

<b>SUBJECT</b>	<b>TOPIC / CHAPTER</b>
<b>ENGLISH</b>	
<b>Prose</b>	1.Chp-3.3 The last leaf I (Notes and PPT given)
<b>Poetry</b>	3.4 Leisure , 4.3 The Bees (Notes and PPT given)
<b>Grammar</b>	1. Clause Separation 2. Simple Compound Complex-Identification 3. Acrostic (Notes and PPT given)
<b>Composition</b>	Dialogue between 4 friends Dialogue writing -Telephone conversation
<b>HINDI</b>	
<b>पाठ</b>	<b>स्वराज्य मेरा जन्मसिद्ध अधिकार</b>  ( पाठ का स्पष्टीकरण किया तथा संबंधित वर्कबुक नोट्स , ppt , quiz assignment , लिखित गृहकार्य क्लासरूम में भेज दिया तथा पाठों का revision भी कराया )
<b>कविता</b>	-----
<b>रचना विभाग</b>	औपचारिक पत्र कहानी लेखन - शब्दों के आधार पर (दिए गए विषयों को समझाया । नोट्स तथा गृहकार्य क्लासरूम में भेज दिया )
<b>व्याकरण</b>	अव्यय तथा उसके प्रकार क्रिया - सकर्मक , अकर्मक तथा संयुक्त क्रिया

	वर्ण विच्छेद ( स्पष्टीकरण किया तथा संबंधित नोट्स , लिखित गृहकार्य , ppt, quiz assignment और विडिओ क्लासरूम में भेज दिया और revision भी लिया गया है। )
<b>MARATHI</b>	
पाठ	११. जीवनगाणे
स्थूलवाचन	-----
व्याकरण	वाक्यपरिवर्तन
निबंधलेखन	माझा आवडता प्राणी
<b>MATHS</b>	1. Chapter 17. Circle: Chord and Arc Practice set video uploaded, Activity & H.W. given  2. Chapter 10. Division of Polynomials Practice set video uploaded, Homework given
<b>SCIENCE</b>	1. Chapter 12 - Introduction to Acid & Base - Videos, Assignments, Notes - Given .
<b>HISTORY</b>	1. Chp 9.Last Phase of Struggle for Independence  2. Chp 10.Armed Revolutionary Movement
<b>GEOGRAPHY</b>	Ls 8 Industries
<b>COMPUTER</b>	1. Lesson 7. HTML (Tags explained, lab activity done, assignment given) 2. Lesson 8. Moving Ahead with Html (going on)
<b>DRAWING</b>	1. Object Drawing ( Basic) 2. Activity no.1 ( drawing book cover page ) 3. Design ( drawing & colouring )

<p><b>MUSIC</b></p>	<ol style="list-style-type: none"> <li>1. Raag Bhoop, Bhagyshree, Yamankalyan, Bhimpalsi, How To Play Notes on Ketboard, Sa Re Ga Ma Or C D E F G</li> <li>2. Basic Chords (Major And Mino)</li> <li>3. Patriotic Songs And Prayer Songs completed all the songs and raagas taught chords as diwali holidays started so I m starting aerobics from the month of december .as all portions almost ,.COMPLETED RAAGAS AND SONGS SHOWN ALL THE THINGS KEYBORD TOLD THEM TO POST THE VIDEOS.TAUGHT THEM HOW TO RECORD SONG ON LEXIS AUDIO EDITOR.</li> <li>4. Completed.all.portion.</li> </ol>
<p><b>YOGA</b></p>	<ol style="list-style-type: none"> <li>1. Padmasana series :a)Padmasana (b)Parvatasana(c) Yoga mudra( d)Brahma mudra</li> <li>2. Shwasana marg shuddhi</li> <li>3. Sukshma Pranayama:a)Pranayamic Breathing (b)chandra abhyas(c)Ujjai Rechakh(d)Surya abhyas {e}Anulom Vilom</li> <li>4. Tadasana series :(a)Chakrasana (b) Tadasana I, II, III(C) Katti chakrasana (c) Hastha parshwasana (d) Hastha padasana</li> <li>5. Vajrasana series :{a} Vajrasana {b}Shwanasana {c} Marjarasana A {d}Marjarasana B {e} Yoga Mudra {f} Ushtrasana</li> <li>6. Set of Eye exercise : Movement of eye balls to various direction</li> </ol>
<p><b>KARATE</b></p>	<ol style="list-style-type: none"> <li>1. Pushup Variation</li> <li>2. Surya Namaskar</li> <li>3. Straight Pushup</li> <li>4. Diamond Pushup</li> </ol>
<p><b>P.T. (Physical Training)</b></p>	<ol style="list-style-type: none"> <li>1. Shot-put and Discus Throw( Explanation done with important steps of Shot-put and Discus Throw / also explain importance of the steps )</li> <li>2. Sitting Exercises ( Explanation done with stages of Sitting Exercises / which things are importance explain )</li> <li>3. Question is given for solving ( Assignment is given with done portion )</li> </ol>

**SECONDARY SECTION – STD. IX**

**COMPLETED SYLLABUS IN THE MONTH OF JANUARY 2021**

SUBJECT	TOPIC / CHAPTER
<b>ENGLISH</b>	
<b>Prose</b>	1. Les 4.2 The Storyteller
<b>Poetry</b>	1. Les 4.1 Please Listen !
<b>Grammar</b>	1. Simple , Compound and Complex sentences 2. Identification and transformation of sentences 3. Prefix and Suffix 4. Revision - Word Register, Homophones, Punctuation.
<b>Composition</b>	1. Imaginative Story 2. Tree Diagram 3. Report Writing( Newspaper article) 4. Formal Letter ( Request to visit a particular place )
<b>HINDI</b>	
<b>पाठ</b>	-----
<b>कविता</b>	<b>निसर्ग वैभव</b> (कविता का भावार्थ ,विडिओ ,नोट्स ,गृहकार्य क्लासरूम में भेज दिए गए है। पाठ का पुनरावर्तन भी लिया गया।)
<b>रचना विभाग</b>	१. निबंध लेखन (मेरे सपनों का भारत, स्वस्थ शरीर , स्वस्थ मन ) (स्पष्टीकरण किया गया तथा ppt क्लासरूम में भेज दिया है।)
<b>व्याकरण</b>	१.अर्थ के आधार पर वाक्य भेद, काल और उसके भेद, वाक्य भेद। (स्पष्टीकरण किया गया,समझाया तथा नोट्स क्लासरूम में भेज दिया। पुनरावर्तन भी लिया गया है।गृहकार्य भी दिया गया।)
<b>MARATHI</b>	
<b>पाठ</b>	१४. ते जीवनदायी झाड, १५. माझे शिक्षक व संस्कार ( स्पष्टीकरण , पीपीटी , नोट्स गूगल क्लासरूममधे दिले)
<b>कविता</b>	-----

स्थूलवाचन	-----
व्याकरण	-----
निबंधलेखन	१) प्रसंग लेखन ( स्पष्टीकरण, पीपीटी गूगल क्लासरूममध्ये दिले.)
<b>MATHS - 1</b>	1. Chapter 4 : Ratio and Proportion -Problem set 4 2. Chapter 6 : Financial planning completed. (Notes and videos uploaded)
<b>MATHS - 2</b>	1. Chapter 5 : Quadrilaterals Ex 5.5,Problem set 5. 2. Chapter 8: Trigonometry Ex 8.1 (Notes and videos uploaded)
<b>SCIENCE - 1</b>	1. Study of Sound (Chapter 12) 2. Practicals( written work given and explanation done)
<b>SCIENCE - 2</b>	1. Chapter 18: Observing Space Telescopes 2. Chapter 15: Life Processes in Living Organisms 3. (Upto pg.170)
<b>HISTORY &amp; POL. SCIENCE</b>	1. Chap. 6.Hist - Empowerment of Women and Other Weaker Sections. (Notes, ppt and assignment is given)  2. Chap.4. PS - The United Nations (Notes, ppt, assignment - sent)  3. Ch. 7-Science & Technology (Notes, ppt, assignment - sent)
<b>GEOGRAPHY</b>	1. Chapter 9 Trade 2. Chapter 10 Urbanisation (Notes, Assignment and PPT given)
<b>WATER CONSERVATION</b>	1. Types of Water Sources 2. Water cycle
<b>I.C.T</b>	HTML – (formatting tags, inserting image tag)
<b>P.T (Physical Training)</b>	1. Shot-put ( Explanation done with important steps in Shot-put / also explain about the weight of Shot-put for Boys and Girls ) 2.Discus Throw and Javelin Throw ( Explanation done with important steps in Discus Throw and Javelin Throw/also explain about the weight of Discus & Javelin for Boys & Girls ) 3.Sports and Games=Football and Cricket ( explanation done with different skills and technic of the Football & Cricket ,both the games History PDF )

## YOGA

1. Vajrasana series :a)Vajrasana (b) Shwanasana(c)Yoga mudra(d) Marjarasana A (e)Marjarasana B {f }Ushtrasana
2. Padmasana series :(a)Padmasana (b)Parvatasana(c)Yoga mudra (e)Brahma mudra
3. Shwasana marg shuddhi
4. Kapalabhatti Kriya
5. Pranayama :(a) Pranayamic breathing (b) Chandra bedhan (c) Ujjai rechakh (d) Anulom vilom { e}Surya bedhan(f) Diaphragmic breathing
6. Tadasana series :(a) Chakrasana (b) Katti vakrasana (c) Katti chakrasana (d) Hastha parshwasana (e)ss Hastha padasana (f) Tadasana I , II , III
7. Set of Eye exercise – Movement of eye balls to various directions

**SECONDARY SECTION – STD. X**

**COMPLETED SYLLABUS IN THE MONTH OF JANUARY 2021**

<b>SUBJECT</b>	<b>TOPIC / CHAPTER</b>
<b>ENGLISH</b>	
<b>Prose</b>	1. 4.5 - The Old Man and The Sea: Book Review
<b>Poetry</b>	2 4.4 The Height of the Ridiculous
<b>Grammar</b>	<ol style="list-style-type: none"> <li>1. Preposition</li> <li>2. Figures of Speech.</li> <li>3. Modal Auxiliary</li> <li>4. Question Tag.</li> <li>5. Rhetorical Questions.</li> <li>6. Wh - Questions</li> <li>7. Revision - of previous topics.</li> </ol>
<b>Composition</b>	-----
<b>HINDI</b>	
<b>पाठ</b>	-----
<b>कविता</b>	<p>भारत महिमा - पुनरावर्तन ( revision)</p> <p>गिरधर नागर - पुनरावर्तन ( revision)</p> <p>मन - पुनरावर्तन ( पुनरावर्तन )</p> <p>( ऊपर दिए गए कविताओं का revision लिया तथा उससे संबंधित लिखित तथा क्विज़ assignment क्लासरूम में भेज दिया )</p>
<b>रचना विभाग</b>	-----
<b>व्याकरण</b>	<p>अव्यय - ( revision )</p> <p>अर्थ और रचना के आधार पर वाक्य भेद - ( revision )</p> <p>(दिए गए विषयों का पुनरावर्तन कराया तथा quiz assignment और लिखित गृहकार्य क्लासरूम में भेज दिया )</p>



<b>MARATHI</b>	
पाठ	-----
कविता	स्वप्नकरू साकार ( उजळणी)
स्थूलवाचन	व्युत्पत्ती कोश ( स्पष्टीकरण , पीपीटी , नोटस् गूगल क्लासरूममध्ये दिले .)
व्याकरण	-----
निबंधलेखन	प्रसंगलेखन , सारांशलेखन , आत्मकथा ( स्पष्टीकरण , पीपीटी, नोटस् , गृहपाठ गूगल क्लासरूममध्ये दिले.)
<b>MATHS - 1</b>	1. Lesson No 2 : Quadratic Equations Ex 2.6 2. Lesson No 5 : Probability (Notes and videos uploaded)
<b>MATHS - 2</b>	Lesson No 2: Pythagoras Theorem, Similarity of Right Angled Triangles and property of Geometric Mean completed.
<b>WATER CONSERVATION</b>	1. Types of Water Sources 2. Water cycle
<b>I.C.T</b>	Geogebra - Constructions
<b>P.T (Physical Training)</b>	1. Shot-put ( Explanation done with important steps in Shot-put / also explain about the weight of Shot-put for Boys and Girls ) 2. Discus Throw and Javelin Throw ( Explanation done with important steps in Discus Throw and Javelin Throw/also explain about the weight of Discus & Javelin for Boys & Girls ) 3. Sports and Games=Football, Cricket,Volleyball and Handball ( explanation done with different skills and technic of the Football, Cricket,Volleyball and Handball both the games History PDF ) 4. Question Answers solving done
<b>YOGA</b>	1. Vajrasana series :a)Vajrasana (b) Shwanasana(c)Yoga mudra(d) Marjarasana A (e)Marjarasana B { }Tripad Marjarasana (g)Ushtrasana 2. Padmasana series :(a)Padmasana (b)Parvatasana(c)Yoga mudra (e)Brahma mudra 3. Shwasana marg shuddhi 4. Kapalabhatti Kriya

	<ol style="list-style-type: none"><li>5. Pranayama :(a)Pranayamic breathing (b) Chandra bedhan (c) Ujjai rechakh with jallandhar bhandha (d) Anulom vilom { e}Surya bedhan (f) Diaphragmic breathing</li><li>6. Tadasana series :(a) Chakrasana (b) Katti vakrasana (c) Katti chakrasana (d) Hastha parshwasana (e)Hastha padasana (f) Tadasana I , II , III-With breathing techniques</li><li>7. Set of Eye exercise – Movement of eye balls to various directions</li></ol>
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