## PRIMARY SECTION - STD I COMPLETED SYLLABUS FOR THE MONTH OF JANUARY 2021

SUBJECT	TOPICS / CHAPTERS
ENGLISH	UNIT SIX 3. Buying things 6. The Ant and the Pigeon UNIT SEVEN 1.Traffic Rules
GRAMMAR	11. Use of These/That 12. Use of Is, Am and Are 13. Use of Was/Were
COMPOSITION	11. My Family ( Picture reading) 12. My Best Friend (Picture reading)
HINDI	6. व्यंजन - प वर्ग 7. अंतस्थ -व्यंजन (य से व) 8. ऊष्म व्यंजन (श से ह) 9. Pg no. 71 गिनती: 1 से 10
MARATHI	11. य ते श(व्यंजन) 12. रंग - colours Recitation poems Pg no. 114 - वंडरबॉय
MATHS	38. Table of 8 and 9 39. Number 201 to 220 40. Number Names 151 to175 41. Identifying Shapes 42. Long – Short 43. Longest – Shortest 44. Tall – Short 45. Tallest – Shortest
MENTAL MATHS	8. Identify the numerals and colour the objects
GENERAL SCIENCE	UNIT FOUR THE SKY 12. The Moon and the Star

	UNIT FIVE OUR BODY AND GOOD HABITS 13. Cleanliness
VALUE EDUCATION	7. Basket of food
RELIGION	10. The Christmas Story 11. The Spirit reveals jesus 12. Sun, Moon and Stars 13. Trees and Plants
GENERAL KNOWLEDGE	UNIT 6 SPORTS AND GAMES 29. Indoor Games 30. Sports Equipments 31. Famous Players 32. Outdoor Games UNIT 7 THE WORLD AROUND US 33. Musical Ears 34. Monuments of the world
CURSIVE WRITING	Page 21 to 23
CRAFT	A Smart paper cat
YOGA	<ol> <li>Set of Eye Exercise</li> <li>(a) Movement of Eye balls to right, left</li> <li>(b) Movement of Eye balls to up, down</li> <li>(c) Gaze to left corner of the ceiling, right corner of the ceiling</li> <li>(d) Gaze to the right corner of the floor, left corner of the floor</li> <li>(e) Rotate the eye balls from right to left and left to right</li> <li>(f) Close the eyes tightly and open it up quickly</li> <li>(g) Eyes closed for a while, rub the palms give the warmth to the eyes.</li> <li>Standing asanas</li> <li>a) Sulabh chakrasana(side bends)</li> <li>b) Sulabh katti vakrasana (sideb turns)</li> <li>c) Upward bend</li> <li>d) Sulabh hastha padasana (down hard bend)</li> <li>Neck exercise</li> <li>a) Turning neck to left, right, up and down</li> <li>b) Stretching neck side ways</li> <li>4. Stretching leg exercise, titliasana (Butterfly pose)</li> <li>5. Swastikasana</li> <li>6. Mountain pose</li> </ol>

KARATE	1. 3 Types of jumps 2. Upper body twist 3. Lower back stretch (dynamic) 4. Lower back stretch (static) 5. Shoulder exercise 6. Neck exercise 7. Arm exercise 8. Wrist rotation exercise 9. Face level punches 10.Stomach level punches 11. Face level urakken 12. Side urakken 13. Back urakken 14. Nukite 15. testui 16. Monkey point 17. Back mawate 18. Back elbow attack 19. Yoko empi zuki 20. Ushiro empi zuki 21. The temple attack 22. Straight pushups 23. Suryanamaskar
P.T	<ol> <li>Vishram</li> <li>Savdhan</li> <li>Standing exercise 1 to 5</li> </ol>
LIBRARY	Homework daily The lazy girl The wolf and the seven dwarfs Rumplestiltskin Cleanliness is next to Godliness Salty sea Planets in the solar system Planet song

## PRIMARY SECTION - STD II COMPLETED SYLLABUS FOR THE MONTH OF JANUARY 2021

SUBJECT	TOPICS / CHAPTERS
ENGLISH	3.9 Writing Skills 4.1 Catch them, if you can! 4.3 Let's Speak
GRAMMAR	12. Use of Was and Were
COMPOSITION	The Sun Toys Picture Reading Pencil Box
CURSIVE WRITING	Page No – 31 to 38
HINDI	१० .ओ की मात्रा ११.औ की मात्रा १२.अं का प्रयोग ( Part 1 )
MARATHI	१२. ॲ आणि ऑ चे स्वरचिन्ह १३.'र' ची मात्रा २४. विदुषक (कविता) ( Recitation )
MATHS	34. Let's untie a ten in order to subtract 35. Do you know Notes and Coins ? 36. Let's measure Length 37. Let's weigh 38. Table of 8
MENTAL MATHS	7. Pictorial Information
SCIENCE	14. Light and Shadow 15. Rocks 16. Our Body
VALUE EDUCATION	8. Be Kind
RELIGION	14. God's power in us
GENERAL KNOWLEDGE	26. Reading Time 27. Genders 28. Fairy Tale Characters 29. Famous Sportspersons
YOGA	I - Set of Eye exercise : (a) movement of Eye balls to right ,left

	(b) movement of Eye balls to up ,down (c) gaze to left corner of the ceiling ,right corner of the ceiling (d) gaze to the right corner of the floor ,left corner of the floor (e) rotate the eye balls from right to left and left to right (f) close the eyes tightly and open it up quickly (g) eyes closed for a while,rub the palms give the warmth to the eyes II - Neck exercise: (a) movement of neck to right, left, up and down (b) stretching of neck side ways III - Standing Asanas: (a) Purva Chakrasana (b) Purva Katti Vakrasana (c) Purva Hastha Padasana IV - Vajrasana V - Swastikasana VI - Mountain pose
KARATE	1. 3 types of jumps 2. Upper body twist 3. Lower back stretch (dynamic) 4. Lower back stretch (static) 5. Shoulder exercise 6. Neck exercise 7. Arm exercise 8. Wrist rotation exercise 9. Face level punches 10. Stomach level punches 11. Face level urakken 12. Side urakken 13. Back urakken 14. Nukite 15. Testui 16. Monkey point 17. Back mawate 18. Back elbow attack 19. Yoko empi zuki 20. Ushiro empi zuki 21. The temple attack 22. Push-ups 23. Surya Namaskar 24. Trisape
P.T	1. Vishram 2. Savdhaan 3. Standing Exercises ( 1 to 5 )
LIBRARY	<ol> <li>Eat healthy / Stay healthy</li> <li>The old Lion and the Fox</li> <li>Princess Mariana</li> <li>Life Cycle of a frog</li> <li>Action Song Videos</li> <li>Song on junk food v/s Healthy food</li> <li>Song on the little green frog</li> </ol>

## PRIMARY SECTION- STD III COMPLETED SYLLABUS FOR THE MONTH OF JANUARY 2021

SUBJECT	TOPICS / CHAPTERS
ENGLISH	26. A School Teacher's Thoughts 27. The Bremen Town Musicians 28. Baby's Dress 29. Young Scientist – 2 30. A Book Speaks 31. Robotics 32. The Noble Stag 33. Washday
GRAMMAR	17. Simple Present Tense 18. Simple Past Tense
COMPOSITION	Comprehension (Unseen Passage) My Best Friend
CURSIVE WRITING	Pg No- 19 to 32
HINDI	पाठ - १२. पोंगल का त्योहार। १३.वीर बालक राजेंद्र नीलकंठ। व्याकरण - विशेषण। गिनती - ४१ से ५० तक। निबंध - मेरा प्रिय त्योहार।
MARATHI	१२. पाण्याचा पैसा पाण्यात वाहून गेला १३. नयनरम्य माथेरान (composition) - आमची सहल अंक : ४१ ते ५०
MATHS	12. Multiplication 13. Division  Mental Maths  12. Multiplication 13. Division

E.V.S	20. Our Community 21. Public Services For Community Life 22. Who Fulfils Our Need?
VALUE EDUCATION	10 -A Donkey's Load. 11- The Evil Spirit
RELIGION	14. The People We Meet. 15. Creation.
GENERAL KNOWLEDGE	23. Artists Gallery 24. Cartoon Corner 25. Patriotic Slogans 26. Greet Each Other 27. Natural Disaster 28. Musical Instruments
YOGA	(I) Set of Eye exercise (a) movement of Eye balls to right ,left (b) movement of Eye balls to up ,down (c) gaze to left corner of the ceiling ,right corner of the ceiling (d) gaze to the right corner of the floor ,left corner of the floor (e) rotate the eye balls from right to left n left to right (f) close the eyes tightly n open it up quickly (g) eyes closed for a while ,rub the palms give the warmth to the eyes. (II) -Neck exercise (a) Movement of neck to right , left ,up n down (b) Stretching of neck side ways (III) -Standing asanas (a) Purva Chakrasana (b) Purva katti vakrasana (c) Purva Hastha Padasana) (IV) Vajrasana (V) Swastikasana (VI) Mountain pose (VII)Sulabh Paschimotanasana (VIII)Titliasana
KARATE	1. 3 types of jumps 2. Upper body twist 3. Lower back stretch (dynamic) 4. Lower back stretch (static) 5. Shoulder exercise

	6.Neck exercise 7.Arm exercise 8.Wrist rotation exercise 9.Face level punches 10.Stomach level punches 11.Face level urakken 12.Side urakken 13.Back urakken 14.Nukite 15.testui 16.Monkey point 17.Back mawate 18.Back elbow attack 19.Yoko empizuki 20.Ushiroempizuki 21.The temple attack 22.PUSHUPS 23.SURYANAMASKAR 24.Trisape
P.T	<ol> <li>Vishram</li> <li>Savdhaan</li> <li>Standing exercises 1 to 5.</li> </ol>
LIBRARY	1. The Monkey And The Crocodile 2. The Lazy Son 3. Hanzel And Gretal 4. A Foolish Barber  Action Song Video 1. Song On Five Little Monkeys

## PRIMARY SECTION- STD IV COMPLETED SYLLABUS FOR THE MONTH OF JANUARY 2021

SUBJECT	TOPICS / CHAPTERS
ENGLISH	25. Little Words 26. Be a Chef! 27. The Dreadful Guest 28. The Elf Singing 29. Androcles and the Lion 30. Young Scientist 31. Be a Writer - 2
GRAMMAR	19. Contractions 20. Simple Past Tense 21. Past Continuous Tense 22. Simple Future Tense
COMPOSITION	Story Writing Letter Writing (Informal) Comprehension (Unseen Passage)
CURSIVE WRITING	Pg. 33 to 39 Story
HINDI	कविता- १२. रखना हरदम याद। पाठ - १३. में पढ़ूँ कहा? निबंध - मेरा प्रिय पशु।
MARATHI	१२. संकटकाळाता मदत करणारे - आंब्याचे झाड व्याकरण: विरामचिन्हे (punctuation marks) अंक - ८१ ते ९० निबंध - संगणक आपला मित्र (composition)
MATHS	<ul> <li>11. a) Introduction of Kilometer</li> <li>b) Mass - Weight</li> <li>c) Volume and Capacity</li> <li>d) Measurement word problems</li> <li>12. Perimeter and Area</li> <li>13. Multiplication Part 2</li> <li>14. Division Part 2</li> </ul>

E.V.S 1	17. My Upbringing 18. Changes in the Family and Neighbourhood 19. My Delightful School 20. I'll be Responsible and Sensitive
E.V.S 2	15. A Memorable Ceremony 16. Campaign in the South
VALUE EDUCATION	10. A Good Citizen 11. A Will to Win
RELIGION	15. Prayer 16. Give back the beads 17. Praying as Jesus did
GENERAL KNOWLEDGE	31. Collection 32. Name of Places 33. Toon World 34. Best Sellers 35. Sight Seeing 36. World Superlatives 37. Different Costumes 38. Former names of Countries 39. Continents, Countries and Oceans
CRAFT	Paper Candy Box
YOGA	I )Set of Eye exercise  (a) movement of Eye balls to right ,left (b) movement of Eye balls to up ,down (c) gaze to left corner of the ceiling ,right corner of the ceiling (d) gaze to the right corner of the floor ,left corner of the floor (e) rotate the eye balls from right to left n left to right (f) close the eyes tightly n open it up quickly (g) eyes closed for a while, rub the palms give the warmth to the eyes.  II) Neck exercise (a) Movement of neck to right, left, up n down (b) stretching of neck side ways III) Standing asanas — (a) Purva Chakrasana (b) Purva katti vakrasana (c) Purva Hastha Padasana (d) Ekha Padahastasana IV) Vajrasana

	V) Swastikasana VI) Mountain pose VII) Sulabh Paschimotanasana VIII) Titliasana
KARATE	1. 3 types of jumps 2. Upper body twist 3. Lower back stretch (dynamic) 4. Lower back stretch (static) 5. Shoulder exercise 6. Neck exercise 7. Arm exercise 8. Wrist rotation exercise 9. Face level punches 10. Stomach level punches 11. Face level urakken 12. Side urakken 13. Back urakken 14. Nukite 15. testui 16. Monkey point 17. Back mawate 18. Back elbow attack 19. Yoko empi zuki 20. Ushiro empi zuki 21. The temple attack 22. PUSHUPS 23. SURYANAMASKAR 24. Trisape
P.T	Vishram - Savdhaan     Standing exercise 1 to 8 with counts
LIBRARY	1. Salty Sea 2. Tom Sawyer and his Adventures 3. The Envious Neighbour 4. Princess Mariana 5. The Snow Queen