PRIMARY SECTION- STD I

COMPLETED SYLLABUS FOR THE MONTH OF NOVEMBER 2020

SUBJECT	TOPICS / CHAPTERS
	UNIT FOUR
ENGLISH	4. Favourite Things
	5. The Helpful Girl
	6. Word House
	7. Bicycle
	8. Where is the Cat?
	8. Verbs
GRAMMAR	9. Adjectives
COMPOSITION	8. My friend
COMPOSITION	
HINDI	5. इ तथा ढ़
MARATHI	7. त ते न (व्यंजन)
	27. Table of 6
MATHS	28. Numbers 151 to 175
	29. Number Names 101 to 120
	30. Coins and Currency notes
	31. Introducing Hundred
	32. Addition up to 20
	6. Circle the correct amount
MENTAL MATHS	
GENERAL SCIENCE	10. Water
	11. The Weather
VALUE EDUCATION	5. The Clever Fox
	8. God's Family
RELIGION	9. The Father Cares
	22. Shape Game
GENERAL	23. Number Magic
KNOWLEDGE	24. I love Cartoons
	My House
DRAWING	A Table Lamp
CRAFT	A Hat
COMPUTER	5. What can Computer do?

YOGA	 Set of Eye Exercise Movement of Eye balls to right, left Movement of Eye balls to up, down Gaze to left corner of the ceiling, right corner of the ceiling Gaze to the right corner of the floor, left corner of the floor Rotate the eye balls from right to left and left to right Close the eyes tightly and open it up quickly Eyes closed for a while, rub the palms give the warmth to the eyes. Complete set of Hand Exercise – exercise to fingers, elbow, shoulder joint, shoulder blades. Neck exercise Leg exercise – exercise to toes, ankle, knee joint, pelvic point, hip joint and titliasana .
KARATE	 3 Types of jumps Upper body twist Lower back stretch (dynamic) Lower back stretch (static) Shoulder exercise Neck exercise Neck exercise Wrist rotation exercise Wrist rotation exercise Face level punches Stomach level punches Face level urakken Back urakken Nukite testui Monkey point Back albow attack Yoko empi zuki Ushiro empi zuki The temple attack Pushups Suryanamaskar Straight dips
P.T	 Vishram Savdhan Standing exercise 1 to 5

LIBRARY	The Four Friends The Donkey on the Island The wise Mother The Donkey and the Wolf

PRIMARY SECTION - STD II

COMPLETED SYLLABUS FOR THE MONTH OF NOVEMBER 2020

SUBJECT	TOPICS / CHAPTERS
ENGLISH	 3.1 Mice 3.2 Activity Time – Sakshi's Box 3.3 Let's Speak 3.4 Story Time – Nina's Dream 3.5 Language Study
GRAMMAR	9. Conjunctions 10. Prepositions
COMPOSITION	9. My Favourite Teacher 10. Describe the picture (Park)
HINDI	7. ' ऋ ' की मात्रा
MARATHI	10. ओ, औ चे स्वरचिन्हा 21. पक्ष्यांचे आवाज 22. प्राण्यांचे आवाज
MATHS	 24. Comparing Numbers 25. Neighbouring numbers on each side 26. Ascending and Descending order of numbers 27. Come, let's make numbers
SCIENCE	10. Sources of Water 11. Forms of Water
VALUE EDUCATION	6. The Earthen Lamp
RELIGION	10. A special Day 11. Easter season

GENERAL	18. Inside our Body
KNOWLEDGE	19. Computer Quiz
	20. The Environment Quiz
COMPUTER	Revision
DRAWING	Diwali Day
CRAFT	Diwali Lantern
YOGA	I) Set of Eye exercise
	(a) movement of Eye balls to right ,left
	(b) movement of Eye balls to up ,down
	(c) gaze to left corner of the ceiling ,right corner of the ceiling
	(d) gaze to the right corner of the floor ,left corner of the floor
	(e) rotate the eye balls from right to left n left to right(f) close the eyes tightly n open it up quickly
	(g) Eyes closed for a while, rub the palms give the warmth to the
	eyes.
	II - Complete set of Hand Exercise - exercise to fingers, elbow,
	shoulder joint, shoulder blades.
	III - Neck exercise
	IV- Leg exercise - exercise to toes ,ankle ,knee joint ,pelvic joint ,hip joint and titliasana
KARATE	1. 3 types of jumps
	2. Upper body twist
	3. Lower back stretch (dynamic)
	4. Lower back stretch (static)
	5. Shoulder exercise
	6. Neck exercise
	7. Arm exercise
	8. Wrist rotation exercise
	9. Face level punches
	10. Stomach level punches
	11. Face level urakken 12. Side urakken
	12. Side urakken 13. Back urakken
	14. Nukite
	14. INUKILE

P.T	 15. testui 16. Monkey point 17. Back mawate 18. Back elbow attack 19. Yoko empi zuki 20. Ushiro empi zuki 21. The temple attack 22. Pushups 23. Suryanamaskar 24. Straight dips 1. Vishram 2. Savdhan
LIBRARY	 3. Standing exercise 1 to 5. 1. The Rangoli 2. Water Song 3. The monkey and the Capseller
	4. Academic corner (The solar system)5. Squeaky the Squirrel

PRIMARY SECTION- STD III

COMPLETED SYLLABUS FOR THE MONTH OF NOVEMBER 2020

SUBJECT	TOPICS / CHAPTERS
ENGLISH	20. Festival Album21. There is the key of the kingdom22. A Team of Workers
GRAMMAR	12. Conjunctions13. Prepositions14. Interjections
COMPOSITION	9. My School
CURSIVE WRITING	Page no. 13 - 14
HINDI	9. आपके बोल आपकी पहचान। गिनती - ३१ से ४० तक। व्याकरण- संज्ञा ।
MARATHI	9. स्वप्न(कविता) लिंग-gender (व्याकरण) अंक:३१ ते (व्याकरण)
MATHS	9. Symmetry
MENTAL MATHS	9. Symmetry
EVS	14. Inside the kitchen! 15. Our body 16. Sensory organ
VALUE EDUCATION	7. Flying High 8. A Day With A Doctor
RELIGION	10. I grow as Jesus grew up 11. My special family

GENERAL KNOWLEDGE	18. Modern Gadgets 19. Number Game
DRAWING	Picture composition-Diwali celebration
CRAFT	Plane Leaves and Caterpillar
YOGA	 Set of Eye Exercise Movement of Eye balls to right, left Movement of Eye balls to up, down Gaze to left corner of the ceiling, right corner of the ceiling Gaze to the right corner of the floor, left corner of the floor Rotate the eye balls from right to left and left to right Close the eyes tightly and open it up quickly Eyes closed for a while, rub the palms give the warmth to the eyes. Standing Asanas Sulabh chakrasana Sulabh katti vakrasana Sulabh hastha padasan Complete Hand Exercises Exercise to the fingers, wrist, elbow, shoulder joint, neck exercise Leg Exercise Exercise to toes, ankle, knee joint, pelvic joint, hip joint and Titleeasana
KARATE	 3 types of jumps Upper body twist Lower back stretch (dynamic) Lower back stretch (static) Shoulder exercise Neck exercise Neck exercise Wrist rotation exercise Wrist rotation exercise Face level punches Stomach level punches Stomach level punches Stoe urakken Back urakken Nukite Testui Monkey point Back mawate Back elbow attack Yoko empi zuki

	 20. Ushiro empi zuki 21. The temple attack 22. Pushups 23. Suryanamaskar 24. Straight dips
P.T	 Vishram Savdhaan Standing exercises 1 to 5
LIBRARY	The life cycle of a frog The flower fairies

PRIMARY SECTION - STD IV COMPLETED SYLLABUS FOR THE MONTH OF NOVEMBER 2020

SUBJECT	TOPIC/ CHAPTERS
ENGLISH	19. The Ugly Duckling 20. All about Glass
	20. All about Glass
GRAMMAR	14. Prepositions
	15. Interjections
COMPOSITION	10. Children's Day
CURSIVE WRITING	Page no - 16 to 22
HINDI	8
	9
	□□□□-८१ □□१०० तक।
MARATHI	8
	□□□-9१□□∠○(□□□□□□)
MATHS	9. Word Problems: Addition and Subtraction (PAGE 47,48)
EVS - 1	13.Directions and Maps
	14.Maps and Symbols
EVS - 2	11.The Discomfiture of Shaistakhan
	12. The Siege of Purandar and the Treaty with the Moghul
	Emperor
COMPUTER	6. Introduction to MS-Word.
VALUE EDUCATION	7. No Work is small

	8. Angel of Peace
RELIGION	11. The Ten Commandments
	12. Love does no wrong to anyone
GENERAL KNOWLEDGE	25. Number skills
	26. Know the time
CRAFT	Yacht basic fold revision
	Рирру
YOGA	I)Set of Eye exercise
	(a) movement of Eye balls to right ,left
	(b) movement of Eye balls to up ,down
	(c) gaze to left corner of the ceiling ,right corner of the ceiling
	(d) gaze to the right corner of the floor ,left corner of the
	floor
	(e) rotate the eye balls from right to left n left to right
	(f) close the eyes tightly n open it up quickly
	(g) eyes closed for a while ,rub the palms give the warmth to
	the eyes .
	II)- Standing Asanas
	(a) Sulabh chakrasana
	(b) Sulabh katti vakrasana (c)Sulabh Tadasana (d) Sulabh hastha padasan.
	III) -Complete Hand exercises - excercise to the fingers ,wrist
	,elbow ,shoulder joint ,neck exercise.
	IV)- Leg exercise - exercise to toes ,ankle ,knee joint ,pelvic
	joint ,hip joint and Titleeasana
KARATE	1. 3 types of jumps
	2. Upper body twist
	3. Lower back stretch (dynamic)
	4. Lower back stretch (static)
	5. Shoulder exercise
	6. Neck exercise
	7. Arm exercise
	8. Wrist rotation exercise

	9. Face level punches
	10. Stomach level punches
	11. Face level urakken
	12. Side urakken
	13. Back urakken
	14. Nukite
	15. testui
	16. Monkey point
	17. Back mawate
	18. Back elbow attack
	19. Yoko empi zuki
	20. Ushiro empi zuki
	21. The temple attack
	22. Pushups
	23. Suryanamaskar
	24. Straight dips
D T	
P.T	I)Practice of Vishram ,Savdhan.
	II) Standing exercise 1 to 5 with oral counts.
	III) Spot jogging exercises
LIBRARY	Seven continents of the World
	Alladin and his magic Lamp
	The Envious Neighbour